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TORONTO’S DEADLY STREETS DAY 3 A FIVE-PART SPECIAL REPORT

60

A day after the city unveiled its new road safety plan, a 38-year-old woman was killed on Bremner Boulevard near Spadina — becoming Toronto’s 60th pedestrian death in 18 months

metroNEWS

- Mapping the city’s deadliest intersections
- Tory toughens on city’s road safety plan
- Fix crossings, save lives: Experts
- A pedestrian talks impact, PTSD

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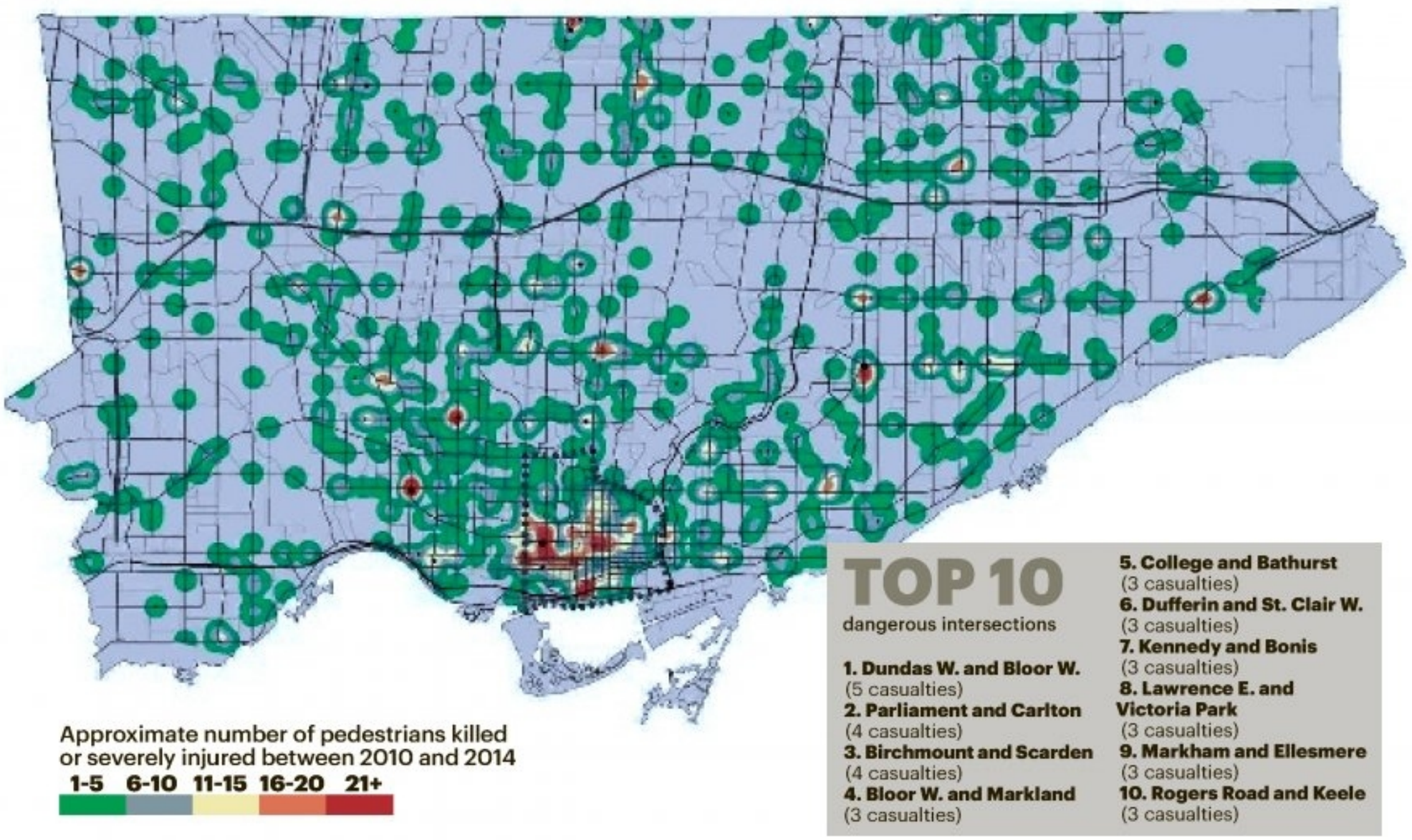
TORONTO'S DEADLY STREETS A FIVE-PART SPECIAL REPORT

Deaths not just downtown

Road fatalities touch every corner of Toronto. Far from simply a downtown problem, many of the deadliest streets are in the suburbs, where the combination of four-or-more-lane roads and high speeds has proven especially fatal. The map below shows the very worst areas. The city's new road-safety plan promises to redesign many of those shown in red to make them safer.



TOP 10 dangerous intersections

1. **Dundas W. and Bloor W.** (5 casualties)
2. **Parliament and Carlton** (4 casualties)
3. **Birchmount and Scarden** (4 casualties)
4. **Bloor W. and Markland** (3 casualties)
5. **College and Bathurst** (3 casualties)
6. **Dufferin and St. Clair W.** (3 casualties)
7. **Kennedy and Bonis** (3 casualties)
8. **Lawrence E. and Victoria Park** (3 casualties)
9. **Markham and Ellesmere** (3 casualties)
10. **Rogers Road and Keele** (3 casualties)

metro EFFECT

John Tory toughens message

Luke Simcoe
Metro | Toronto

Toronto's new road-safety plan has gone from "Zero Vision" to Vision Zero in less than 24 hours.

A day after the plan was panned by critics in the pages of Metro and online, Mayor John Tory has vowed to end road deaths in the city.

"The objective is to get to zero as quickly as possible," Tory told CBC's Metro Morning on Tuesday, although he didn't offer a time frame.

When the plan was unveiled Monday, Tory hailed the goal of reducing pedestrian and cyclist fatalities by 20 per cent by 2026 as "realistic." Critics called that "too modest" and "ridiculous," taking to Twitter to launch a #ZeroVision hashtag.

The mayor reiterated his position later in the day after a 38-year-old woman was killed by a car that hopped the curb onto the sidewalk on Bremner Boulevard. He also pledged to renew calls for the provincial government to increase penalties for deaths and injuries.

Tory's communications director, Amanda Galbraith, said the mayor is committed to amending the language of the road plan before it goes to council.

"From Day 1, the mayor has always said one death is too many," she said. "It's an aspirational goal, but he's fully committed to it."

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TORONTO'S DEADLY STREETS A FIVE-PART SPECIAL REPORT

Street vendor dead after SUV hops curb

BREMNER BOULEVARD

Woman's sister also injured as vehicle jumps onto sidewalk

May Warren
Metro | Toronto

A 38-year-old woman has become Toronto's 60th pedestrian death in the last 18 months, a day after the city unveiled its new road-safety plan.

The woman was hit when a black SUV jumped the curb onto the sidewalk of Bremner Boulevard near Spadina at about 2:15 p.m. Tuesday. She was working as a street vendor at a nearby tent, Const. Hugh Smith said.

Her 35-year-old sister was also taken to hospital with minor injuries along with the 48-year-old woman who was driving the SUV.

Smith said the driver was making a lane change when "she accelerated, mounted the curb and proceeded to cross the sidewalk."

Police had the area cordoned off for several hours Tuesday afternoon — the front of the black SUV buried between the tents where the women had been working.

Smith said the women had been vendors in the area for some time. He didn't know what they were selling, but international flags were visible behind the bright orange canvas of one tent.

Seventeen pedestrians have now died this year.

Police had the area cordoned off for several hours Tuesday afternoon. LIZ BEDDALL/METRO

CROSSWALKS

Pedestrians at fault for crashes: Police

People walking to work, not drivers, are proving the biggest problem at several intersections targeted for a pilot project to curb congestion, police say.

Police spokesman Const. Clint Stibbe said many people at Front and Simcoe streets and Front and University have been illegally stepping off the curb during the pedestrian-crossing signal countdown.

"The car is not the one committing the offences, it's the pedestrians," Stibbe told Metro on Tuesday. "Individuals who are impatient, for lack of a better description, are finding that they're going to take that chance and step onto the roadway."

Maureen Coyle of the advocacy group Walk Toronto called Stibbe's comments "victim blaming."

"The fact is that pedestrians are not responsible for killing pedestrians; it is the drivers who are killing people" she said. MAY WARREN/METRO

DID YOU KNOW?

According to the Highway Traffic Act, you are not supposed to enter the intersection when the red hand starts flashing, which is when the countdown starts.

The countdown is supposed to signal to people already in the intersection how much time they have to get out.

Great science plays here.
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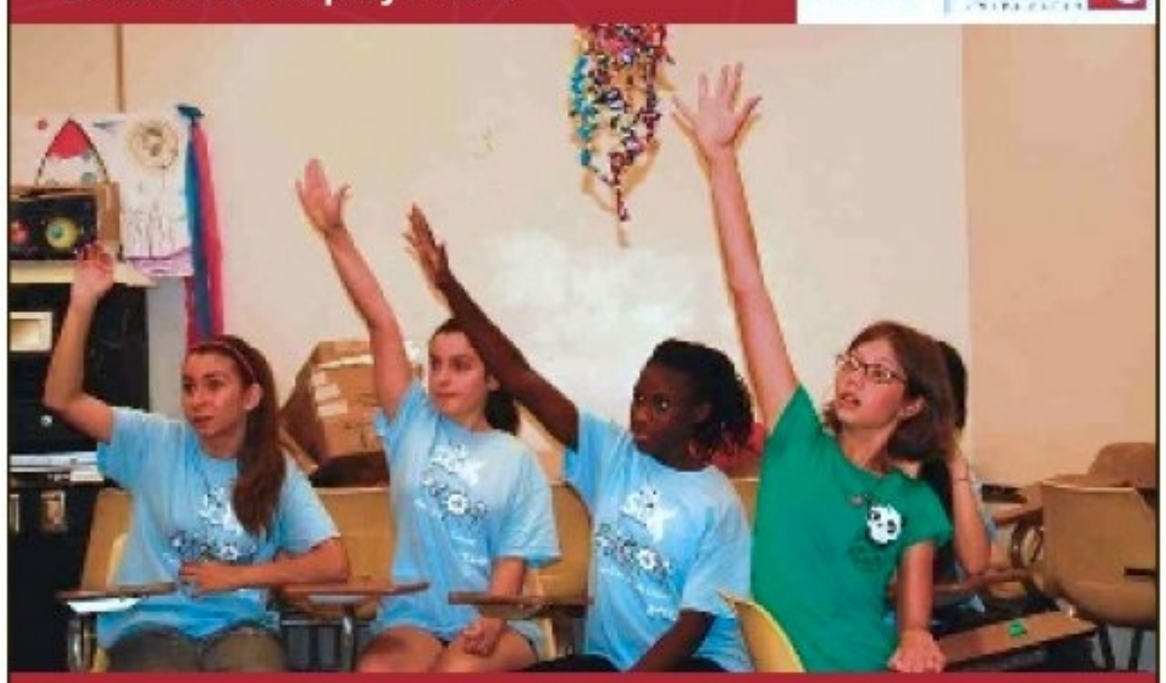

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TORONTO'S DEADLY STREETS A FIVE-PART SPECIAL REPORT

Fixing Toronto's most

Just over half of serious or fatal pedestrian and cyclist collisions occurred at intersections. Left-turning drivers alone accounted for a quarter of all collisions with pedestrians. Metro visited three of the deadliest intersections in Toronto and asked the experts how they could be changed to save lives, according to a 2015 report.

COLLEGE AND BATHURST | Pedestrian casualties between 2010 and 2014: 2

BETH SAVAN of the Cycling Think and Do Tank at the University of Toronto

> **There's a lot happening here.**
> Beth Savan

1. Wider bicycle lanes

The existing bike lanes are far too narrow to accommodate the high volume of cyclists travelling at different speeds, Savan said, which means passing forces cyclists out into the roadway.

2. Separated bike lanes

Research shows separated lanes improve safety — as well as the perception of safety, Savan said, meaning more cyclists will feel comfortable riding in them. They also discourage cars from illegally stopping in the lanes, which can force cyclists to merge with car traffic.

3. Turning islands

The corners at Bathurst and College are rounded, which allows cars to turn at higher speeds. To make the intersection safer, concrete turning islands should be installed at each corner, Savan said.

4. Contiguous bicycle lanes

Savan noted the bicycle lanes on College "evaporate" once they reach the intersection. She suggested the lanes should be painted green and extend through the intersection to make it clear to both cyclists and drivers how the road is being used.

5. Leading signals

Leading signals would allow pedestrians and cyclists to begin crossing before vehicles. That makes them more visible to drivers, Savan said. Traffic lights dedicated to walking and cycling also help "legitimize" alternative forms of transportation. "When drivers see those lights, they realize the city is saying that walking and cycling are good ways to get around," she said.

6. Using parked cars as a bike-lane buffer

Parking on College is "on the wrong side" of the bike lane, Savan said. More modern lanes place parking between bike lanes and traffic, serving as a safety buffer and reducing the chance of getting doored.

TAKE PART

Have suggestions of your own or know of an intersection that needs a safety overhaul?

Join the conversation via the **#TODeadlyStreets** hashtag on Twitter and connect with your city councillor directly at **metronews.ca/todeadlystreets**.

DAY 3: AT STREET LEVEL

dangerous crossroads

BLOOR W. AND DUNDAS W. | Pedestrian casualties between 2010 and 2014: 5

DYLAN REID and MICHAEL BLACK of Walk Toronto

“They’ve done the basics here. Dylan Reid

1. Sight lines

Whether it was a “no left turn” sign hidden behind a lamp post or a utility box blocking drivers’ view of pedestrians, both Reid and Black said improving the intersection’s sight lines is a simple step toward safety.

2. “Bump out” the sidewalk

The northbound right lane on Dundas Street leads drivers straight into a taxi stand. The biggest change Reid and Black suggested was making the lane right-turn only and bumping out the sidewalk north of Bloor. Doing so would force drivers to slow down when turning and shorten the distance between the two corners.

“It makes no sense that drivers would go straight through the intersection in that lane,” Reid said, “so why not reclaim that space for pedestrians?”

3. Better lighting

At some corners of the intersection, Reid noted the streetlights are “inexplicably set back,” which makes pedestrians harder to see at night. The lights should be moved, he said, while Black suggested adding “illuminated bollards” at street level to maximize visibility at night.

4. Left-turn signals

Eastbound cars on Bloor Street have no dedicated left-turn signal onto Dundas. Reid and Black observed numerous drivers turning on late amber lights, putting them into conflict with pedestrians in the crosswalk.

“When you’re trying to make the yellow, that’s when you hit pedestrians,” Reid said.

5. Improved streetcar signage and platforms

The northbound streetcar stop sits right in the middle of the intersection’s southern crosswalk. While not a major concern, Black suggested better signage and road markings should be present to alert motorists to passengers.

SCARDEN AND BIRCHMOUNT | Pedestrian casualties between 2010 and 2014: 4

Ryerson University planning graduate NEIL LOEWEN

Just north of Highway 401 in Scarborough, Birchmount at Scarden/Allanford is among the most dangerous intersections in suburban Toronto.

1. Lower speeds

Birchmount boasts five lanes of traffic and a 60-km/h speed limit. “It feels like you’re on a freeway,” Loewen said. The proximity of pedestrian activity means the speed limit along Birchmount should be lowered to at least 50 km/h, he said, in order to reduce the likelihood and severity of pedestrian collisions.

2. More mid-block crossings

The nearest controlled intersection to Birchmount and Allanford is more than 800 metres away at Sheppard Avenue. The lack of crosswalks or other pedestrian features along Birchmount means people are forced to either walk long distances or cross mid-block. Another controlled crosswalk within walking distance would give pedestrians more choice and more safety, Loewen said.

3. Tighter corners

Loewen suggested the turning radiuses of the intersection’s corner be reduced, which would require drivers to slow down more before turning right. The change would also create more space and visibility for pedestrians while reducing the distance needed to cross the road. “They should be designing for the more vulnerable users here,” he said.

4. A “road diet”

Birchmount could be put on a “road diet,” Loewen said. Removing a lane of traffic from the street and narrowing the existing lanes could free up space for more pedestrian and cycling infrastructure while also slowing down traffic.

“Changing the speed limit is one thing, but the design of the road is also important,” he said.

5. Better lighting

Only two corners at Birchmount and Allanford have streetlights, meaning pedestrians crossing at night may not be visible to drivers. Adding more lighting to the intersection is a simple step toward safety, Loewen said.

6. Improved accessibility

The crosswalks at Birchmount and Allanford lack audible signals, and the curb cuts do not have the necessary features to help those with disabilities navigate the intersection. Loewen said these are in contravention of the Accessibility for Ontarians with Disabilities Act and need to be remedied.

“It feels like you’re on a freeway.
Neil Loewen

ABOUT THIS SERIES

MONDAY | Reality check Charting death on our streets and introducing you to the people calling for change.

TUESDAY | Vision Zero How the road safety framework that Sweden used to cut traffic fatalities in half could be applied in Toronto.

WEDNESDAY | At street level Metro asks the experts to redesign Toronto’s deadliest intersections to make them safer.

THURSDAY | Legislating safety How stiffer legal penalties can save lives.

FRIDAY | The road ahead Shifting gears, shifting culture.

TORONTO'S DEADLY STREETS A FIVE-PART SPECIAL REPORT

'I can still feel the car hitting me'

LONG-TERM TOLL

Impact leaves woman with chronic pain and PTSD

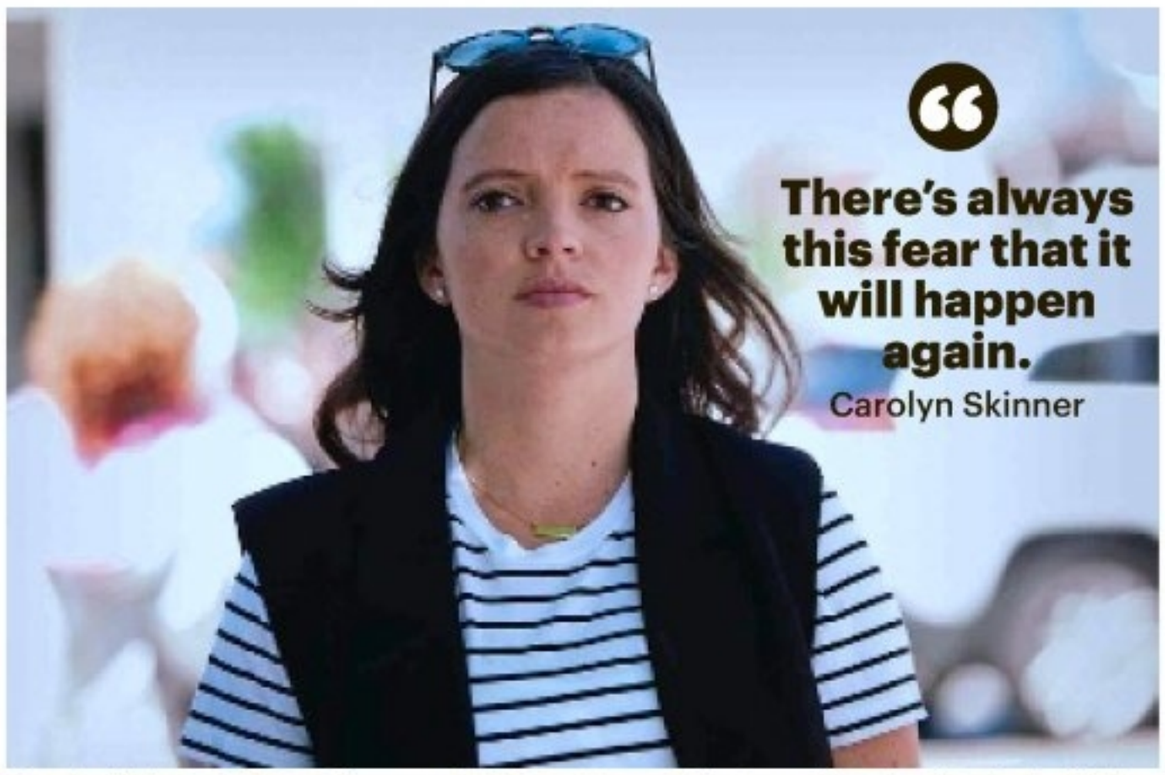
Luke Simcoe
Metro | Toronto

Carolyn Skinner is afraid to cross the street.

She was headed to a bus stop on March 3, 2014, when she was hit by a left-turning driver at Yonge and John streets in Thornhill.

"I was in the crosswalk and he slammed right into me," she said. "I was thrown onto the hood and then onto the road."

Skinner's memory of the event is crystal clear. She recounts lying on the ground after the crash and spotting the coffee cup she had been carrying metres away on the road.



Carolyn Skinner, 29, was diagnosed with post-traumatic stress disorder after being hit by a driver at Yonge and John streets in 2014. LIZ BEDDALL/METRO

"It was just the worst pain I've ever felt," she said. "I can still feel the car hitting me."

Skinner fractured her ribs and tore ligaments in her left knee. She suffers from chronic knee and back pain that makes sleeping difficult and prevents her from being active.

"I used to play a lot of sports, and now I can't without a lot of pain," she said.

"I'm young. I'm 29, but it feels like I'm going to have to see a chiropractor and a massage therapist and a physiotherapist for the rest of my life to deal with this pain."

As much of a toll as the collision has taken on her body, Skinner says the "mental struggle" has been worse. She was recently diagnosed with post-traumatic stress disorder stemming from the crash, and says the simple act of crossing the street is triggering.

"There's always this fear that it will happen again," she said. "I'm constantly crossing busy intersections and it makes me remember the accident. Every single day I'm reminded of how unsafe the streets of Toronto are."

Skinner still gets angry when she talks about the crash, but said her rage isn't directed at the driver who hit her. Instead, she views him as another victim — albeit of a different sort — of Toronto's deadly streets.

"I felt very bad for him. He probably thought he killed me," she said. "I just can't imagine what it's like for people who have to live with killing someone."

WHAT YOU CAN DO

Urge city council to make road safety a priority. Visit **metronews.ca/todeadlystreets** to contact your local councillor via email or Twitter.

Carolyn Skinner is among the many people who've shared their stories with Metro after reading the Toronto Deadly Streets series. You can share your story via the **#TODeadlyStreets** hashtag on Twitter.

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Pavement to bloom

URBAN BOTANY

Torontonians plant weeds, wildflowers between cracks

Gilbert Ngabo
Metro | Toronto

Toronto's laneways are about to get a lot greener, thanks to a special package of "crack mix" tracing its roots all the way from Germany.

Leaders of an initiative dubbed Laneway Puncture are spreading the mix of seeds in laneway pavement cracks across the city. The seeds grow particularly hardy plants that can thrive in a rough environment.

It all started about two years ago when a group of landscape architects and environmental activists started pondering how to transform and beautify alleys. After thorough consultations, the group placed an order for special seeds from overseas, mixed them together, developed their own packaging and — voila — crack mix was born.

Community volunteers plant seeds from a Crack Mix pack while working on a laneway greening project near Fred Hamilton Park last weekend. Crack Mix, inset, is made up of about 15 plant seeds such as Solidado rigida, Juncus tenius, Silene vulgaris, Hierasium villosum and Geum triflorum. PHOTOS CONTRIBUTED

More than a dozen special plants are currently being placed in two pilot laneway greening projects.

"These are plants that are drought tolerant," said Victoria Taylor, a local landscape architect and one of the brains behind the project.

"They don't mind being driven over. They don't really need a lot of love but they give so much. They provide a lot of green in spaces where other plants wouldn't really grow."

Two laneways have already been worked on as part of the pilot project — the Willowvale Lane and the laneway beside Fred Hamilton Park, both in the city's west end. As many as 250 km of laneways will be part of the project.

It's also water management strategy, as it allows rainwater to be absorbed in the cracks while watering the plants at the same time, said Jode Roberts of the David Suzuki Foundation, one of the collaborators on the project.

HIGH PARK ZOO

Captured capybara resting after freedom

Capybara enthusiasts dying to get a glimpse of the recently recovered rodent will have to wait a bit longer.

It will be "another day or two" before the now famous animal is set free in its pen at High Park zoo for public viewing, city spokeswoman Megan Price said Tuesday.

The captured capybara was placed in a resting area for thorough medical examination after being lured into a cage Sunday night.

It, and another pen mate, escaped May 24. The second capybara remains on the lam.

The capybara recaptured on Sunday. BEN LOVATT/FACEBOOK

GILBERT NGABO/METRO

PRIDE

Threats won't stop parade

Police are aware of a possible threat from Daesh supporters against the Toronto Pride parade circulating online, but organizers said the event will continue as planned.

Dalhousie University professor Amarnath Amarasingam discovered a post on an online jihadi channel, depicting a gun, information about the parade's time and location, and a note saying: "The Toronto Gay Pride Parade is an excellent target. Plenty of kafir sodomites to kill."

"We trust that the security measures in place will create a safe and welcoming environment for our community. The Pride Parade will proceed as planned," the statement from Pride Toronto said.

TORSTAR NEWS SERVICE

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Rats on the Rise

May Warren
Metro | Toronto

It's tough when your name is a synonym for "despicable," but rats have their fans. We asked a rat lover and a rat catcher to rant.

PRO

Sydney Dallas

Sydney Dallas says rats have an unfair reputation.

Case in point: Rats are more likely to run away from you than bite.

Dallas runs a "rat emporium" and is a fervent rodent defender.

Rats are "tiny little pets that ride around on your shoulder and fit in your pocket."

"They're like a dog that runs up and licks you. They're just very sweet."

And, she says, they can be good for your mental health, even "rewarding."

CON

Daniel Mackie

There's no love lost between exterminator Daniel Mackie of GreenLeaf Pest Control and rats.

Inside homes, they chew wood and strip wires, creating a potential fire hazard.

Plus, "the smell is horrendous," he says.

"The urine and droppings, plus the allergens associated with their hairs," he adds. "I still get the heebie jeebies when a rat goes running across my foot. As much as you pretend to put on your machismo, it's still scary."

Eradication

What should you do if you see a rate in your home or backyard? Mackie has these tips:

- Call a professional ASAP.
- Remove outdoor compost piles close to the house, long grass, and clutter like old wood.
- Don't use cheap poison if they're already inside.

"If the rat eats poison and then dies inside your house, it could be almost a pound of rotting flesh. It's like a little roast beef dying in your wall."

A creeping problem

Rats are on the rise in Toronto, with Avery Addison of Addison Pest Control saying his business is "10 times as busy" as last year. Over at Pest-O-Kill Pest Control Toronto, Sidra Vance estimates there's been a 25 per cent increase in rat calls this season.

Rats' bad rap

Rats have been blamed for spreading the bubonic plague through medieval Europe. But, in 2015, their name was somewhat cleared. A study in the Proceedings of the National Academy of Sciences suggested the pandemic was most likely caused by Asian gerbils that carried plague-ridden fleas on their backs into Europe.

Don't get to close to wild ones

Rats can carry salmonella, E. coli, and modern-day plague, said University of Guelph PhD student Jamie Rothenburger. Diseases can be transmitted in droppings or through water they've been swimming in.

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'My wife makes me angry, so I

CAMPAIGN

Program gives counselling to abusive men

Yvette d'Entremont
Metro | Halifax

Three stark black and white posters with powerful messages were unveiled Tuesday at Halifax Regional Police headquarters ahead of a panel discussion about men's violence against women.

"My wife makes me angry so I push her. My son makes me angry so I push him. I'm angry that I can't be a better man," states one of the posters.

The launch of New Start Counselling's 'On being a better man' campaign raised questions about funding for the organization that provides counselling for men who abuse their intimate partners.

The group received funding to create the impactful posters, but has no advertising budget.

Wendy Keen, executive director of New Start Counselling, said her program is struggling due to a lack of resources. Funded through a provincial operating grant of $235,000 a year, she said they've been forced to prioritize clients because they only have 2.8 full time counsellors.

"This work is so important because it's not just about men, it's about families," Keen said, noting they could triple their staff next week and still be busy.

As part of the panel discussion on men's violence against women, Halifax Regional Police Staff Sgt. Scott MacDonald announced they'd recently expanded their crime prevention unit to include a constable who will focus on domestic violence crime prevention.

> **This work is so important because it's not just about men, it's about families.** Wendy Keen

"We know…that in many domestic abuse situations the victim will go back to the abuser for a variety of reasons," he said.

"The addition of a domestic violence prevention officer improves our ability to hold the abusers accountable as well as assist them in getting the help they need to change their behaviour and stop the violence."

Alice Housing's executive director Heather Byrne was one of many representatives who attended the event. Her organization provides housing and supportive counselling to women and children leaving domestic abuse.

She applauded New Start Counselling's poster initiative.

"I would just like to commend New Start for continuing their focus on serving men who are the other half of this equation," she said.

"If we are not focusing the time and attention on these men, we are not going to actually reduce incidents of intimate partner violence."

Wendy Keen, the executive director of New Start Counselling, unveils their poster campaign at Halifax Regional Police Headquarters on Tuesday, in Halifax Nova Scotia. JEFF HARPER/METRO

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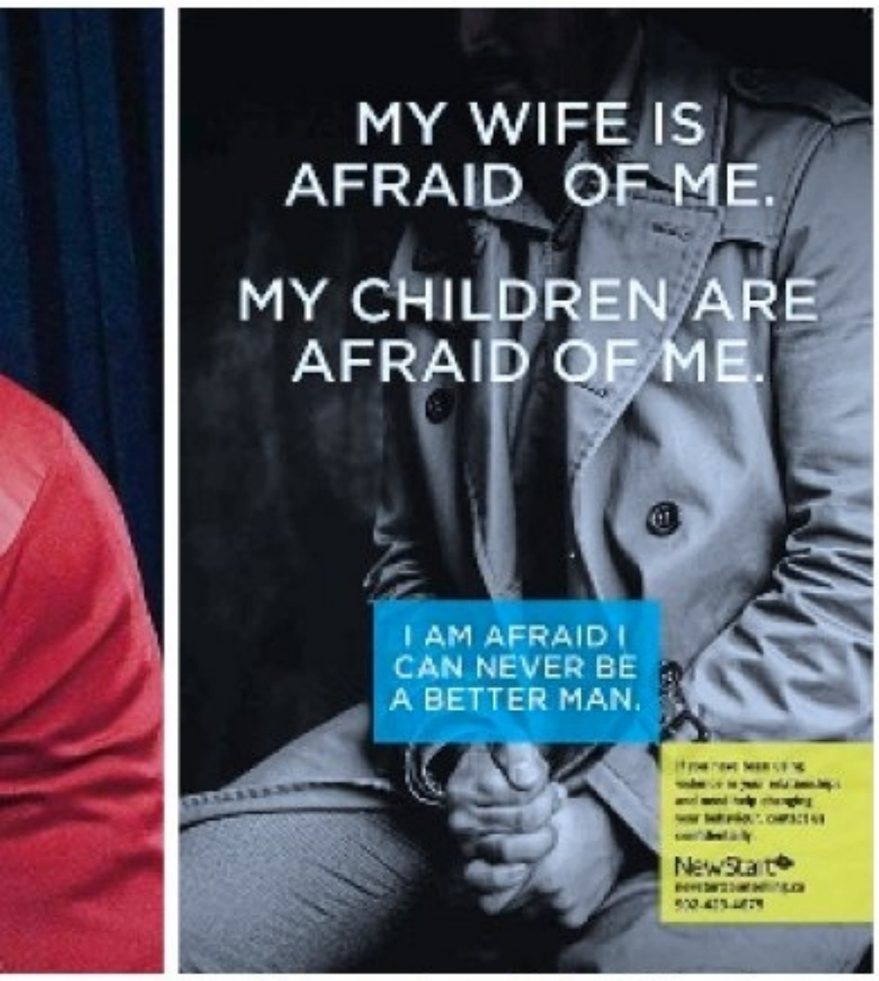

One of the posters featured in the 'On being a better man' campaign. CONTRIBUTED

FORT MCMURRAY

Doctors to test children's lungs

Jeremy Simes
For Metro | Calgary

Alberta doctors have launched a clinical assessment trial to understand how Fort McMurray's air quality will affect children's lungs after wildfires decimated the region in early May.

Dr. Irena Buka, director of Edmonton's Children's Environmental Health Clinic, said doctors spearheaded the trial after learning arsenic ash was found at some sites in the city.

"We need to plan for these type of events," she said.

The assessments, which will occur at multiple clinics in Edmonton, are open to children ages 6-17 who are either diagnosed with asthma or use puffers for chest wheezing, or have never had an asthma diagnosis or used puffers.

Buka said physicians will measure lung function by using a specialized computer, where children will be asked to blow into a special tube.

She said doctors want to assess children as they begin re-entering Fort McMurray and then reassess kids at intervals of one week, one month and two months.

> **We need to plan for these type of events.**
> Dr. Irena Buka

The goal of the assessments, Buka said, is to ensure that children get good clinical care.

She said doctors plan to submit an application to turn the data into an in-depth research study to determine what lessons can be learned.

PHILIPPINES

Hall family backs ransom policy

Relatives of a Canadian man slain by militants in the Philippines say they agree with Canada's policy of not paying ransom for hostages.

Robert Hall had been held hostage by Abu Sayyaf since September 2015 and was killed earlier this week after a deadline for a ransom payment passed.

In a statement distributed by the press gallery in Ottawa, Hall's family says every option to free him was considered and efforts to that end were "vast and exhaustive."

In the end, the family says it agrees with Prime Minister Justin Trudeau's directive that money not be paid to hostage takers who seek to undermine fundamental Canadian values.

Robert Hall
CANADIAN PRESS

"Our family, even in our darkest hour, agrees wholeheartedly with Canada's policy of not paying ransom to those who would seek to undermine the fundamental values with which my father lived his life," the statement reads.

"We stand with the ideals that built this country: strength of character; resilience of spirit; and refusal to succumb to the demands of the wretched, in order to satisfy the bloodlust of the weak."

THE CANADIAN PRESS

IN BRIEF

Police intervene after fiery fight over shape of Earth

Police and firefighters were called in after a heated discussion over the shape of the Earth reached fiery levels.

Police in Brockville say they were called to a park on Monday after an intense argument between family members. They say a woman who insisted the Earth was flat was fighting with her boyfriend's father, who argued it is round.

Officials say the 56-year-old man grew so enraged that he threw a propane cylinder into a fire, and firefighters were called to put out the flames. Police say "neither party would change their views."

THE CANADIAN PRESS

London mayor admits to affair with deputy

The mayor of London, Ont., Matt Brown, is temporarily stepping down after admitting to a brief "inappropriate" affair with Deputy Mayor Maureen Cassidy, who resigned Tuesday evening, according to AM980.ca.

OUR LONDON/METROLAND MEDIA

MP under fire for petition to loosen laws on AR-15 rifle

BRITISH COLUMBIA

Similar to weapon used in Orlando shootings

David P. Ball
Metro | Vancouver

A Conservative MP is facing criticism from his peers over his petition to classify the AR-15, a similar model as the gun used in the Orlando massacre, as an unrestricted hunting gun. GETTY IMAGES

NDP MP Nathan Cullen took a fellow northern B.C. politician to task Tuesday for sponsoring a petition that would make it easier for Canadians to get their hands on a semi-automatic rifle like the one used in the Orlando massacre and other U.S. mass shootings.

Cullen argued that Conservative backbencher Bob Zimmer's support for reclassifying the AR-15 rifle — a civilian version of the U.S. Army's M-16 assault weapon — as an unrestricted hunting gun is "not defensible."

"Hunters I know don't use this gun for hunting," the New Democrat told Metro in a phone interview. "You certainly wouldn't use it in your practice as a farmer.

"Any argument that says this is simply a hunting weapon probably hasn't been hunting lately. This is not a hunting gun. It's designed to do what it did in Orlando, which is to kill people — and not just Orlando, but San Diego and Sandy Hook."

> This is not a hunting gun. It's designed to do what it did in Orlando, which is to kill people.
> NDP MP Nathan Cullen

Contrary to many media reports since Sunday's Pulse gay bar massacre, the main gun the shooter used was not in fact a Colt Armalite Rifle (AR-15), but another company's adaptation — a Sig Sauer MCX carbine.

Regardless of the name, however, both weapons are civilian versions of the U.S. military assault rifle M-16, and can be easily modified to illegally make them fully automatic. In Canada, restricted weapons can only be fired at authorized ranges, can only fire five rounds, and require strict permits.

Zimmer sponsored the petition through a new electronic system launched last year, and presented it in Parliament on May 13. He did not respond to Metro's interview requests.

The federal government began accepting citizen's electronic petitions last December, but each needs a sitting MP as a sponsor to present them before the House of Commons.

When Zimmer did that, he thanked the petition's Newfoundland creator, "a firearms advocate," adding he was "honoured" to present it to MPs. Zimmer is co-chair of the Parliamentary Outdoor Caucus, which hosted a "Caucus Shooting Day" event for MPs to fire guns at a range on June 7, five days before the Orlando massacre.

The petition calls upon the public safety minister to give the AR-15 "non-restricted status so we can once again use this rifle to lawfully participate in the Canadian cultural practices of hunting." In last year's election campaign, the Liberals promised to "take pragmatic action to make it harder for criminals to get, and use, handguns and assault weapons."

MP Hedy Fry said the government has no plan to heed the petition or re-classify the AR-15, and aimed to balance public safety with the "right of legitimate gun owners" to own firearms.

"We've given the decision over what rifle categories are in to the RCMP," she told Metro. "They have at the moment decided this gun should not be used by farmers or hunting."

Cullen said the "average gun owner in Canada is an incredibly responsible person," and should not be drowned out by more "extreme fringes" of the gun movement.

"The rod and gun clubs I represent up north all agree that there have to be limitations," he said. "You'd only dream of car owners taking driving that responsibly."

INVESTIGATION

Shooter seen at Pulse on occasion

The murky picture of Orlando gunman Omar Mateen grew more complex Tuesday with word that the FBI is investigating whether he had been a regular at the gay dance club he attacked and had been living a secret life as a gay man.

Omar Mateen ASSOCIATED PRESS

As victims described the bloody horror of the massacre during a riveting hospital news conference, investigators continued to gather information on the 29-year-old American-born Muslim — and took a close look at his wife, too — for clues to the attack that left 49 victims dead.

A number of possible explanations and motives for the bloodbath have emerged, with Mateen professing allegiance to Daesh in a 911 call during the attack, his ex-wife saying he was mentally ill, and his father suggesting he was driven by hatred of gays.

On Tuesday, a U.S. official said the FBI is looking into a flurry of news reports quoting patrons of the Pulse as saying that Mateen frequented the nightspot and reached out to men on gay dating apps. The official was not authorized to discuss the investigation and spoke on condition of anonymity.

Jim Van Horn, 71, told The Associated Press that he saw Mateen repeatedly at the bar and talked to him once.

The attack early Sunday ended with Mateen being shot to death by a SWAT team. Of the 53 people wounded, six were listed in critical condition Tuesday and five others were in guarded condition. THE ASSOCIATED PRESS

ORLANDO

Stranger apologizes to gay man for past hatred

Fred Connors HALEY RYAN/METRO

Yvette d'Entremont
Metro | Halifax

On Monday morning, Fred Connors said he received a Facebook message from a stranger who told him he'd always hated Connors because he is gay.

But the man went on to say he'd changed his views in light of the deadly attacks at Orlando's Pulse nightclub. The man, who said he lived on Connors' street, felt ashamed and wanted to apologize.

"This is 2016 and an adult male with children in my neighbourhood actually believed that there was something biblically wrong with me because I was gay," Connors said during a phone interview in between clients at his New York City salon.

"This led him to hate me and my partner and not support our business even though he saw the work we were doing in the community and the impact it was having. So what I do find is it often takes big tragedies to create paradigm changes."

The Halifax businessman said he was very touched by the message, and was glad the man had changed his way of thinking.

Like Connors, the man had been raised Catholic.

"This event did something for him much more than it did for me. Great. You don't hate me anymore, but my life isn't different," Connors said. "Your life is, because you've stopped hating gay people just because you were told you should by your religion."

The Orlando tragedy has sparked a very important conversation, Connors said.

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Clinton victorious in last Democratic primary

U.S. ELECTION

Bernie Sanders still won't endorse rival

Hillary Clinton brought a close to the presidential primary season with a win Tuesday in the nation's capital and a meeting with dispatched rival Bernie Sanders, hoping to set a tone of Democratic unity heading into next month's party convention in Philadelphia.

Clinton's win in the District of Columbia, the final primary of 2016, had no bearing on her role as the presumptive nominee, but it nevertheless marked a transition in the lengthy primary fight between the two rivals.

"We're going to have a wide-ranging conversation, because we share a lot of the same goals," Clinton said Tuesday night in an interview with Telemundo. "We both want to raise the minimum wage, we want to fight inequality of income, we want to make college affordable and we certainly want everybody to get health care."

She added, "I very much am looking forward to having his support in this campaign, because Donald Trump poses a serious threat to our nation."

Before polls closed in Washington, Sanders vowed again to do all he can to prevent the presumptive Republican presidential nominee from reaching the White House — but he declined to endorse Clinton.

The Vermont senator has said the private meeting will help him determine how committed Clinton will be to the policy issues he has staked out during his 13-month campaign.

"Our goal must not be to allow politicians, Donald Trump or anyone else, to divide us," Sanders said outside his Washington headquarters.

Sanders said he would push for new leadership in the Democratic National Committee — his campaign has sparred with Rep. Debbie Wasserman Schultz, the party's chair — along with a progressive platform in the summer convention and electoral changes, such as primaries that allow independents to participate and the elimination of superdelegates.

"We need major, major changes in the Democratic Party," he said.

Sanders was warmly received Tuesday by Senate Democrats at their weekly luncheon, where he offered an update about his campaign and some of the lessons he had learned during the past year. Lawmakers in attendance said Sanders did not indicate his future plans.

Sen. Jon Tester, D-Mont., who leads the Senate Democrats' campaign arm, said Sanders "absolutely will" support fellow Senate Democrats in the fall elections. "It was productive, it was good, it was vintage Bernie," Tester said.

Sanders met last week with President Barack Obama and Vice-President Joe Biden, who both later endorsed Clinton, and signalled to Democrats that he hopes to play a constructive role in helping the party regain control of the Senate in the 2016 elections.

The self-described democratic socialist says he will take his campaign to the convention in July and advocate for his policy issues in the platform while urging Democrats to be more inclusive of independents, young people and working-class voters. THE ASSOCIATED PRESS

Hillary Clinton's win in the District of Columbia, the final primary of 2016, marked a transition in the lengthy Democratic Party primary fight between the two rivals. GETTY IMAGES

REPUBLICANS

Trump stays divisive

Dismayed Republicans scrambled for cover Tuesday from Donald Trump's inflammatory response to the Orlando massacre, while President Barack Obama and Democrat Hillary Clinton delivered fiery denunciations that underscored the potential peril for the GOP.

Republican hopes are fading for a new, "more presidential" Trump as the party's divisions around him grow ever more acute.

In Washington, Obama said of Muslim-Americans: "Are we going to start subjecting them to special surveillance? Are we going to discriminate against them because of their faith?"

Several of Trump's fellow Republicans clearly did not agree with him. They were nearly as unsparing as the Democrats in their criticism of his boundary-pushing response Monday to the killing of 49 people at a gay club in Orlando, Florida, by an American-born Muslim who pledged loyalty to Daesh.

Among other things, Trump suggested moderate Muslims and perhaps even Obama himself might sympathize with radical elements. He renewed his call to temporarily ban foreign Muslims from entering the country, and added a new element: a suspension of immigration from areas of the world with a proven history of terrorism against the U.S. and its allies. THE ASSOCIATED PRESS

Donald Trump GETTY IMAGES

HEALTH

Rio Games won't worsen Zika threat, WHO says

Mothers hold their infants, all born with microcephaly, while waiting for a bus after visiting a rehabilitation clinic on June 2, 2016 in Recife, Brazil. GETTY IMAGES

The World Health Organization said on Tuesday that Zika is still a global public health emergency, but unlikely to spread further as a result of the upcoming Rio Olympics, which are expected to attract 500,000 visitors to Brazil.

These assessments were made by the WHO's emergency committee on Zika, which met on Tuesday for the third time since the UN health agency first declared a "public health emergency of international concern."

While the group of experts agreed that mass gatherings can put individuals at risk of contracting Zika, they concluded that "there's a very low risk of further international spread of Zika virus as a result of the Olympics and Paralympics."

"Mass gatherings can pose a risk to individuals. They can amplify the disease, they can lead to international spread," said Dr. Bruce Aylward, the WHO's executive director of outbreaks and health emergencies. "But the Olympics won't … everything is being done to minimize what is already a low risk."

The past two months have seen a growing chorus of academics calling on the WHO and International Olympic Committee (IOC) to move, postpone or cancel the Olympics and Paralympics, which will take place in Rio de Janeiro in August.

Zika first emerged in Brazil in 2015 and is now circulating in 60 countries and territories, some of which have seen an alarming surge in serious birth defects and neurological disorders.

These include microcephaly, a congenital defect associated with abnormally small heads and developmental delays, and Guillain-Barré syndrome, a neurological disorder that can cause temporary paralysis or even death. TORSTAR NEWS SERVICE

IN BRIEF

9 in 10 children migrants unaccompanied: UNICEF

UNICEF says most of the children migrants who have crossed the Mediterranean Sea from Libya to Italy this year were unaccompanied by adults, making them vulnerable to abuse and exploitation.

The agency says 92 per cent of some 7,600 children who made the crossing between January and May were unaccompanied minors, up from 68 per cent last year, when 4,566 children crossed. THE ASSOCIATED PRESS

A new building is being built at the University of British Columbia campus in Vancouver on Monday. The 18-storey Brock Commons is intended to show that wood can be as effective as steel or concrete, better for the environment and support the forestry industry. JONATHAN HAYWARD/THE CANADIAN PRESS

BRITISH COLUMBIA

A precedent? Knock on wood

A student residence under construction at the University of British Columbia could set a new precedent for wooden towers in Canada.

The 18-storey Brock Commons is intended to show developers and the public that wood can be as effective as steel or concrete, better for the environment and support the country's forestry industry.

"This project should effectively demonstrate that mass wood structures can be commonplace," said Russell Acton, principal architect on the project.

Taller buildings require so-called mass timber supports and special cross-laminated timber plates that act similarly to concrete slabs. Mass timber is a large section of wood, suitable for competing with concrete, masonry or steel construction.

$51.5M

Brock Commons will cost eight per cent more than if it were constructed with traditional steel and concrete.

While 17 floors of Brock Commons will be built with mass timber, the building's base and two cores are made of concrete.

Designers, engineers and the university purposefully chose a simple design with repetitive floor plans in order to gain special approval from building code authorities.

National building code regulations currently limit wood structures to four storeys. However, with new research and engineering, some provinces have allowed architects to push the boundaries.

In British Columbia, provincial codes have allowed wood towers to reach six storeys since 2009. Codes in Quebec and Ontario have followed suit.

Timber-related industries hope Brock Commons will help make a case for building codes to allow 10- to 12-storey wooden structures in the future. THE CANADIAN PRESS

IN BRIEF

Syrup production thickens

The United States and Canada produced record amounts of maple syrup this year, thanks to the weather and more people getting into the business or expanding their operations.

U.S. Department of Agriculture statistics released this month show the U.S. produced 4.2 million gallons, the greatest amount since record-keeping began in 1916. THE ASSOCIATED PRESS

ECONOMY

U.K. jobs with Canadian firms at risk over Brexit

Finance Minister Bill Morneau is warning Britain that tens of thousands of jobs at Canadian firms in the United Kingdom are vulnerable because of the debate around the country's potential exit from the European Union.

Speaking to reporters in London, Morneau says Canadian companies with investments in the U.K. are anxious about the uncertainty caused by the so-called Brexit vote later this month.

He says Canadian businesses that invested in the U.K. to access the European market may be forced to rethink their strategies.

Morneau says Ottawa believes the U.K. is stronger as part of a united Europe — which he adds is also better for the Canadian economy and the Canada-EU free trade deal. He says he hopes Britons will consider this as they make their decision in what is expected to be a close referendum. THE CANADIAN PRESS

Ethnic newscasts make a comeback

MEDIA

OMNI seeks to restore axed newscasts with national channel

OMNI Television says it's seeking regulatory approval to create a new national channel that would restore ethnic newscasts axed just one year ago.

The subsidiary of Rogers Communications says it also wants the multilingual and multicultural channel to be included in basic TV packages. Unlike OMNI's current over-the-air channels, the proposed OMNI Regional would be carried by distribution services to subscribers across the country.

Revenue from those subscriptions would fund new daily newscasts in Italian, Mandarin, Cantonese and Punjabi, as well as cover increased distribution costs, said Colette Watson, vice-president of television and operations at Rogers.

"We're trying to position OMNI for long-term sustainability," Watson said Tuesday from Banff, Alta., where she was attending the Banff World Media Festival.

OMNI's application with the Canadian Radio-television and Telecommunications Commission proposes a channel with four feeds: Pacific, Prairies, East, and ICI Quebec, a partnership with Montreal ethnic television station International Channel/Canal International (ICI).

> **We're trying to position OMNI for long-term sustainability.**
> Colette Watson

OMNI's current local stations in Toronto, Edmonton, Calgary, and Vancouver would continue to operate as free over-the-air channels, as would ICI's local station in Montreal.

But inclusion in basic TV packages could give the broadcaster millions of dollars in added yearly revenue.

Money was the main reason OMNI cancelled newscasts and slashed 110 jobs at its multicultural channels last year, Watson said.

The new funding plan seeks 12 cents a month per subscriber. Rogers cited CRTC figures that pegged TV subscribers at 11.6 million in 2014.

"The 12 cents is a complete break-even," she said, noting the revived newscasts would still cost about $9 million.

As for how many positions the restored newscasts would create, Watson said: "it's too early to say how many jobs (would be created) and what those jobs would be."

If approved, Watson said OMNI can likely get the newscasts up and running in three to four months. The current affairs series introduced last year as a less costly alternative would remain as "a key component" of the new programming. THE CANADIAN PRESS

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JENNIFER KEESMAAT ON A MAJOR LOCAL ARTERY

King Street needs to change. We need a new approach to thinking about how we allocate space, how we prioritize different users and uses and how we design the street.

Anyone who lives in a major city knows that for transit to be successful, it must be reliable, frequent, fast and affordable. It must offer people a viable alternative to driving a car. This is especially true in downtown Toronto, where many of our iconic streetcar routes run along narrow streets with general car traffic.

These "streetcar streets" play important roles in the success of our city and especially our downtown — moving hundreds of thousands of people every day. They are some of our most vibrant streets lined with shops, restaurants, and cafés. And they help support the downtown economy, moving goods and getting people to and from their jobs.

Nowhere is this more true than on King Street. King is the busiest surface transit route in the city, carrying 65,000 riders on an average weekday. King is an important east-west spine, passing through the largest concentration of jobs in the country. It connects the Financial District with revitalized former industrial areas on the shoulders of the core — Liberty Village, King-Spadina, King-Parliament, St. Lawrence Market, Old Town and Corktown — that have become vibrant, mixed-use urban neighbourhoods known for their cultural richness and creative industries.

We also know that areas along the King corridor will continue to see tremendous population and employment growth in the coming decades, leading to further demand for improved transit service, a better pedestrian and retail experience, and new public spaces.

Other cities around the world are rethinking their downtown surface transit streets.

But despite its successes, King isn't working as well as it could, especially when it comes to providing reliable and efficient transit service.

Streetcars are often crowded and forced to crawl through heavy traffic congestion. Many people have given up entirely, and walk or bike instead. In some places along King Street, the sidewalks are too narrow to accommodate pedestrians and other important elements that make a great street: benches, trees, café seating, for example.

The city is working on a plan to remake King Street to be more pedestrian-, bike- and transit-friendly, with less room for cars. MARCUS OLENIUK/TORSTAR NEWS SERVICE

King Street needs to change. A rethink is overdue. We need a new, more holistic approach to thinking about our downtown streets: how we allocate space, how we prioritize different users and uses and how we design the street.

Other cities around the world are rethinking their downtown surface transit streets and transforming them into complete streets that are more than just corridors for movement. They are creating iconic, vibrant and attractive streets with inviting public spaces that help make their cities more livable and economically competitive.

One such example is Melbourne, Australia, named the world's most livable city for the fifth year in a row in 2015. In the mid 1990s, with the help of Danish architect Jan Gehl, the city embarked on an ambitious plan to revitalize its downtown by creating great public spaces that cultivate public life. Melbourne has come a long way in a short period of time, something I saw for myself on a recent trip Down Under.

The city recently adopted Walking Plan 2014-17, which sets out the next chapter in its quest for liveability and competitiveness. An important thrust of the plan is to create what are called 'High-Mobility Streets' on corridors served by streetcars). This type of street will have high-frequency streetcars and priority bus services, with excellent pedestrian access to and around stops.

Swanston Street was one of the first streets transformed into a high-mobility street and preeminent civic space. Where once cars and streetcars competed for limited space in the right-of-way, today the street is shared only by streetcars, bikes and pedestrians. It functions as a high-frequency public transit corridor capable of carrying 5,000 passengers in approximately 50 streetcars each direction per hour: a capacity at the lower end of LRT performance.

Essential vehicle access for deliveries, property servicing and access to off-street parking is limited to certain times of the day using a permit system. Streetcar stops are universally accessible, with paving and curb design supporting safer cycling. High-quality streetscape materials across the entire right-of-way — such as bluestone paving, trees, street furniture and pedestrian-scale lighting — promote patio-style outdoor dining and active public life.

Here in Toronto, we are currently undertaking a comprehensive planning study of our downtown, entitled TOcore. As part of TOcore, we are launching a Visioning Study for King Street to start the conversation about reimagining our busiest surface transit street.

How can the street move people and transit more efficiently? How can we improve the public realm and create a great civic street? How can the street be redesigned to help businesses thrive and support economic vitality and competitiveness? What lessons can we learn from other cities?

We want King St. to be truly great. Please join us as we start the conversation.

Jennifer Keesmaat is the chief planner for the City of Toronto.

ROSEMARY WESTWOOD

Americans aren't even trying to understand each other anymore

In Louisiana, where temperatures hugs the low-30s and 80 per cent humidity thickens the air, it's apparently not enough to be on death row.

State officials there have spent $1 million fighting a court order to install air conditioning. (The air would cost less than the court fight has.)

No air conditioning. In Louisiana. On death row. It's a bad joke, except it's actually a headline. And that is the case so often in America these days.

Donald Trump's announcement that he's banning the "phony and dishonest" Washington Post, over a story about Trump's conspiracy-theory suggestion that Barack Obama may be somehow involved with the Orlando shooting, should signal to his followers all the sunbathing has finally given Trump perpetual sun-stroke. Daesh sympathy in a man condemned for going too far — in particular with drone strikes — to kill terrorists? Really?

But are Trump supporters actually thinking about this? The last year would suggest they're not thinking at all. They just love Trump, whatever he says. And the crazier it gets, well, the crazier it gets. It's brand power the Queen would envy. And it suggests a group of people who can't be reached by reason or reportage — a group that's big enough, at least, to have earned him the Republican nomination.

More generally, the attacks in Orlando have revealed perhaps insurmountable ideological differences among Americans. While Hillary Clinton hammers home the need for gun control, and comedian Samantha Bee slams Florida's governor for his inaction, Trump doubled down on the need for more guns, a tactic the New York Times warns could actually secure him some needed votes from less educated white Democrats.

That Trump stands to gain more support, after all we've seen, genuinely baffles me. In this era of intractable difference, are there any minds still open to change? And what does that say for the shared experiment that is America?

I consider it a human duty to be able to relate to others, or at least to try. And I'm failing, because I can't understand a person so "tough on crime" they can't even install air conditioning for a few dead-men-walking, or someone so afraid of controls on guns they'd rather live amid routine mass shootings via assault rifles.

And perhaps that confusion is also a Canadian thing. In the American era of Trump, of mass shootings, of bans on Muslims and attacks on abortions and a national uproar over trans people using bathrooms, I've never been faced with so much evidence that we are not at all the same. America feels, more than ever, deeply unknowable, deeply foreign, and deeply stuck.

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Mrs. Universe Ashley Callingbull to compete on Season 4 of The Amazing Race Canada

When life gives you lemons

INTERVIEW

Vegetarian recipes include bright notes of citrus flavours

Melita Kuburas
Metro | Canada

Eating vegetables will never go out of style.

"That can't trend out," says Jeanine Donofrio, creator of the Love & Lemons food blog who just released a cookbook that features all vegetarian recipes — an A to Z (or Apples to Zucchini) guide to cooking with plants.

Much like the nose-to-tail philosophy that meat lovers subscribe to, Donofrio is committed to wasting no part of the beloved plants she chops up.

"I try to think of what I have before I go back to the store," says Donofrio, who is from Austin, Texas. "I can make a whole thing of pasta with two leftover radishes and leftover spinach."

A perfect example of her commitment to reducing waste and saving money in The Love & Lemons cookbook (Viking, $35) is the Carrot-Ginger Grain Bowl, in which she uses the tops of the carrots in the meal.

But don't think using scraps makes the food look messy.

As a graphic designer, Donofrio thinks visually first. She left her job in 2011 to start the blog with her husband, and she collaborated with a former coworker on the book.

"I think of design elements like colour, pattern or texture when I'm creating a recipe. Also, I think about how it will look on the plate and how the flavours will work together," she says.

In that sense, the visually striking lemon theme is symbolic of her commitment to the esthetic. Most recipes do include a citrus component, however. "I like bright food so I generally find myself finishing things with a squeeze of lemon. Sometimes it's lime."

"I thought of it in the middle of the night and I went to register the URL at 3 a.m. I was like, 'Oh that's it!" Jeanine Donofrio, on LoveAndLemons.com

RECIPE FROM THE LOVE & LEMONS COOKBOOK

ROASTED CAULIFLOWER TACOS WITH CHIPOTLE CREAM

Serves 4. Gluten Free

Ingredients:

- 1 medium head cauliflower, cut into small florets
- Extra- virgin olive oil, for drizzling
- 2 chipotle peppers from canned chipotles in adobo sauce
- 8 tortillas, warmed or grilled
- 1 medium avocado, sliced
- Cilantro
- 1 lime, sliced
- Sea salt and freshly ground black pepper

Ingredients for chipotle yogurt sauce:

- 7 ounces (200 g) full-fat Greek yogurt
- 1 chipotle pepper (from the can used above)
- 1 small garlic clove
- 1 teaspoon (5 mL) fresh lime juice
- 1 teaspoon (5 mL) extra-virgin olive oil
- 1 teaspoon (5 mL) honey
- Sea salt

Directions:

1. Preheat the oven to 400°F (200°C).

2. Line a large baking sheet with parchment paper. Add the cauliflower and drizzle with olive oil and a pinch of salt and pepper. Toss to combine. Working over the baking sheet, use your hands to break up 2 chipotle peppers, along with some of the adobo sauce. Toss again to coat the cauliflower, and roast for 25 to 30 minutes, or until golden brown.

3. Make the chipotle yogurt sauce: In a small food processor, combine the yogurt, chipotle pepper, garlic, lime juice, olive oil, honey, and a pinch of salt. Blend until smooth. Taste and adjust seasoning, adding more salt, pepper, and lime juice as desired.

4. Assemble each taco in a tortilla with a spoonful of sauce, the roasted cauliflower, and a slice of avocado. Serve with the cilantro and lime slices on the side.

EXCERPTED FROM THE LOVE & LEMONS COOKBOOK BY JEANINE DONOFRIO AND JACK MATHEWS. COPYRIGHT © JEANINE DONOFRIO, 2016. PHOTOGRAPH COPYRIGHT © JEANINE DONOFRIO AND JACK MATHEWS, 2016. PUBLISHED BY VIKING, AN IMPRINT OF PENGUIN CANADA, A DIVISION OF PENGUIN RANDOM HOUSE CANADA LIMITED. ALL RIGHTS RESERVED.

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A strawberry galette to win the potluck

SEASONAL FOODS

Handmade Gatherings has recipes and tips for modern dos

This recipe from Ashley English's Handmade Gatherings does have a lot of steps, but most of the ingredients can be found in the pantry.

Strawberries have finally brought the taste of summer to stores and farmers markets, so bring this galette to the next backyard party before they are out of season.

Strawberry Galette with Mint Whipped Cream
Makes six generous servings.

Ingredients:
Whipped Cream:
- 2 tbsp (30 mL) chopped, fresh mint
- 1 cup (250 mL) heavy cream
- 3 tbsp (45 mL) powdered sugar

Dough (makes two crusts):
- 2 1/2 cups (625 mL) all-purpose flour
- 1 1/4 tsp (6 mL) sea salt
- 1 cup (250 mL) unsalted butter, chilled and cubed
- 3/4 cup (175 mL) ice-cold water

Strawberry Filling:
- 4 cups (1 L) strawberries, sliced in 1/4-inch pieces
- 1/3 cup (80 mL) granulated sugar
- 2 tbsp (30 mL) cornstarch
- Zest of one lemon
- 2 tsp (10 mL) vanilla extract

Egg wash:
- 1 egg yolk
- 1 tbsp (15 mL) cold water
- 1 tbsp (15 mL) granulated sugar

Directions:

1. For whipped cream, in a Mason jar or lidded container, add chopped mint to heavy cream. Shake vigorously. Chill for at least four hours or overnight. With a fine mesh sieve, strain mint from cream. Discard mint. In a medium bowl, using an electric mixer, beat cream and sugar until soft peaks form. Refrigerate.

2. For dough, in a medium-large bowl combine flour and salt. Using two knives, cut in cold butter until mixture resembles a coarse meal. Some large bits of butter will remain. Drizzle in ice water slowly. With mixing spoon, stir until dough starts to clump. On a floured surface, turn dough out and fold into ball. Cut in half and refrigerate both halves at least one hour. Freeze half for later use.

THE BOOK

Handmade Gatherings: Recipes & Crafts for Seasonal Celebrations and Potluck Parties, $29.95. Available in Canada now.

Take advantage of seasonal strawberries with this rustic galette. CONTRIBUTED

3. For the strawberry filling, in a medium bowl, add strawberries, sugar, cornstarch, lemon zest and vanilla. Mix using hands until dry ingredients completely cover berries.

4. For egg wash, in small bowl, beat together egg yolk and water.

5. To assemble, roll dough into a circle approximately 12 inches (30 cm) in diameter. Transfer to a baking sheet. Fan strawberries on top, overlapping and leaving 2-inch border.

6. Fold plain dough border onto berries. Dough edges will overlap. Press folds together every few inches.

7. Brush egg mixture over dough edge. Sprinkle with sugar.

8. Bake at 350 F (180 C) for 30 minutes or until golden brown. Serve with mint-infused whipped creams.

Other recipes we're dying to try: Rhubarb Buttermilk Bread, Warm Potato and Ramp Salad, Honey and Lavender Lemonade, Phyllo Cups with Leeks and Apples.

TORSTAR NEWS SERVICE

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Battle of the barbecues

Skip the sausage when you're firing up the grill.

PICK THIS

Marc Angelo Sweet Chili Chicken Kabobs

Serving 2 skewers (6 oz)
Calories 180
Fat 3g
Saturated fat 0.6g

SKIP THIS

Chicken Sausage

Serving 1 sausage (5.2 oz)
Calories 448
Fat 39.1
Saturated fat 13g

HERE'S WHY

Equivalent to 2 Pepperoni Personal Pizzas from Pizza Hut in fat.

When the weather is warm, we all love to cook most of our meals outdoors on the grill. Meat sausages are a tasty favourite, but even a chicken version is far from a healthy pick. Sausages are made from fattier cuts of meat with added fillers and excess sodium. Skip them this summer, as they serve up more than half of your daily allowance of fat and saturated fat, as well as 2.5 times more calories than the kebobs!

JOHANNA SCHNELLER WHAT I'M WATCHING

Just Cuddle taps into millennial awkwardness

THE SHOW: Just Cuddle, S1, E4 (web series)
THE MOMENT: The waffles

Pro cuddler in Just Cuddle **(Winter Tekenos-Levy)**, left, with her client **(Nancy Mamais)** in web series Just Cuddle. CONTRIBUTED

A professional cuddler (Winter Tekenos-Levy) is with a client (Nancy Mamais) who recently learned she has a rare, debilitating brain disease.

(Both women are in their 20s.) The client plans to kill herself with painkillers and wants Cuddler to hold her as she takes them. But first she wants to use the waffle maker her aunt gave her. As they eat, Client asks Cuddler how she began cuddling. "English degree," she says. "Saw a Craigslist ad."

"Something more," the client says. Cuddler explains that when she was young, her uncle had MS. One day she was home alone with him and he called her name. "I could see he was in pain," she says. "I went into my room and shut the door. What kind of a person does that?"

The press release for this web series, created by Michael Kimber and Elias Campbell, was savvy enough to include an Atlantic magazine article about real-life cuddlers, who work for agencies with names like Snuggle Buddies and earn up to $80 (U.S.) an hour.

These webisodes (four so far) sound an alarm about, and offer a solution to, a type of anxiety that feels particularly millennial. The characters have tons of empathy for causes. Face to face, though, they find empathy awkward (and they hate awkward). Their lives are stuffed with virtual friends but starved for human touch.

Cuddler is an answer, especially because she's utterly non-judgmental. This series is the Beatles song Eleanor Rigby translated to digital video and Cuddler is a human safe space. Just Cuddle can be seen on vimeo.com.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

FOOD BRIEF

Martha Stewart gets into meal kits

Cooking like Martha Stewart is about to get easier.

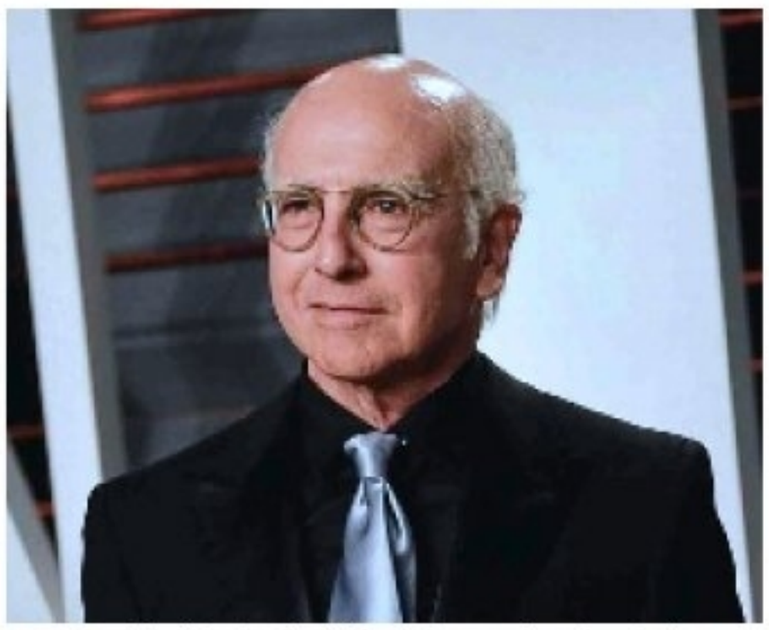
The home goods mogul and cookbook author is getting into the fast-growing meal kit business. Subscribers will get a box shipped to their door with Stewart's recipes and all the ingredients needed to cook up the dishes at home, including pre-measured raw meat, fish, vegetables and spices.

"It is, I think, the way to cook for the future," Stewart said.

The new venture is a licensing deal with existing meal kit company Marley Spoon and brand management company Sequential Brands Group Inc., which bought Martha Stewart Living Omnimedia last year. Financial details of the new partnership were not disclosed.

Marley Spoon will be renamed Martha & Marley Spoon in the U.S. and will tap Stewart's library of thousands of recipes, including shrimp tortilla soup and chicken thighs pan-fried in coconut oil.

THE ASSOCIATED PRESS



Larry David is bringing back his HBO comedy series, Curb Your Enthusiasm, for a ninth season. EVAN AGOSTINI/INVISION/AP, FILE

COMEDY

David returning so Curb your impatience

No need to curb your enthusiasm at this news: Larry David is bringing back his HBO comedy series for a ninth season.

No further details were announced by HBO on Tuesday, but word that Curb Your Enthusiasm will live again should be enough to thrill its fans for now.

The eighth season aired in 2011, and, since then, David has remained tight-lipped over whether there would be more.

Premiering in 2000, the series was created by and stars David in a fictionalized version of himself as he stumbles into socially awkward situations. "Curb" has logged 80 episodes to date, which makes it HBO's longest-running scripted series.

Among David's projects since curbing his series: a hit Broadway play, Fish in the Dark, which he wrote and starred in last year.

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Is it still art if no one can see or hear it?

CULTURE

Authors and movie makers will postdate release of work

From left to right: Margaret Atwood is the first author to participate in the Future Library Project, meaning a manuscript she has written won't be read for almost a century. **Scottish artist Katie Paterson** is the creator of the Future Library Project, which will see the works of 100 authors stored until they can be published in 98 years on paper from trees that were planted in 2014. **Martin Shkreli,** who epitomizes corporate greed, bought the only copy of Wu-Tang Clan's album for $2 million to "keep it from the people." GETTY IMAGES/TORSTAR NEWS SERVICE

Some authors crave public adulation. Others are content to wait for it — even if it takes 100 years.

David Mitchell, the British author of the 2004 novel Cloud Atlas, is the second major writer to submit a manuscript to the Future Library Project, which will delay its publication until the trees in a Norwegian forest are mature enough to make the paper it'll be printed on, a century from now.

Mitchell, 47, won't be alive when the work comes out in 98 years. Neither will Canada's Margaret Atwood, 76, who gave a manuscript called Scribbler Moon to the project last year.

The project, which is the brainchild of Scottish artist Katie Paterson, began in the summer of 2014 when 1,000 trees were planted in Nordmarka, Norway, near the country's capital, Oslo.

The City of Oslo and a public corporation jointly sponsored the project and paid for the trees to be planted and for a special room in the city's Deichman Public Library where the manuscripts will be displayed. Paterson's plan is for an "outstanding" author to do the same — providing both a print and digital copy of a new book — every year until 2114.

"I was simply sketching tree rings and I had a vision I guess. Tree rings, chapter, paper, books, future, trees, forest, writers — kind of all like that. And I imagined planting a forest that would grow a book over time," Paterson told CBC Radio. Atwood has described the concept as "delicious."

Mitchell, whose novel is called From Me Flows What You Call Time, is similarly enchanted. "It's trees, it's books, it's a circle, it's pulp, it's organic matter turning into (paper). And then the words get printed on them. I love that," Mitchell said.

The participating authors aren't the only ones embracing the concept of delayed gratification.

Actor-director John Malkovich and director Robert Rodriguez recently released a teaser trailer for their film Years — the Movie You'll Never See, in which the actor says, with mock gravity, "Imagine the future."

Inspired by a fine bottle of Louis XIII cognac — which the website notes retails for $3,100 for a 700 mL bottle and is made from cognacs that have been aged for 100 years — the film has been sealed in a vault and will not be screened until Nov. 18, 2115.

And in the marketing coup of the decade, hip-hop group Wu-Tang Clan produced a single copy of an album entitled Once Upon a Time in Shaolin, which the group announced it would sell to the highest bidder.

Along came hedge-fund entrepreneur Martin Shkreli, who paid $2 million for the album last November.

Shkreli had become the face of corporate greed and one of the most hated human beings on the planet for buying a pharmaceutical company and hiking the price of a life-saving drug by 5,000 per cent.

Shkreli bragged he bought the album to "keep it from the people" and hasn't even listened to all of its 31 tracks.

Last December, a month after his purchase, Shkreli was arrested by the FBI and charged with seven securities fraud-related charges. A guilty verdict on all of them could keep Shkreli in jail for 100 years.

TORSTAR NEWS SERVICE

> **"I imagined planting a forest that would grow a book over time.**
> Future Library Project creator Katie Paterson

metro WHEELS
Your essential daily news

With 1,000 horsepower, Mazzanti Evantra Millecavalli is Italy's fastest supercar

New Camaro is really, really fun

ALL PHOTOS COURTESY CHEVROLET

REVIEW

Fast, efficient, great sound — there's a lot to like here

Craig Cole
AutoGuide.com

Since my first Chevy Camaro encounter during a harrowing drive through an ice storm in Montana, I've driven it on a couple other occasions, though curiously only V6-powered examples. Chevy's eight-cylinder offering has eluded me, until now.

And it was worth the wait! SS models features GM's potent 6.2-litre LT1, a modern-day descendant of the original small block that was introduced back in the 1950s.

While practically every other automaker has abandoned pushrods in favour of overhead camshafts, this venerable V8 still uses 16 of the buggers to operate its valves. This configuration is a total throwback, but it delivers heady numbers, in this case, 455 horsepower and an equal amount of torque. That's 20 more thoroughbreds than the Mustang GT can supply, along with and almost an extra 82 kg-m of twist.

The Camaro's prodigious power is a given, but against expectations, the efficiency figures it's graced with are nothing to scoff at. Direct injection and variable valve timing help improve flexibility and fuel economy. When equipped with a six-speed manual transmission, like our test car had, the SS should return 6.8 kilometres per litre in the city, 10.6 km/L highway and 8.1 km/L combined, which is not bad at all.

The Camaro I spent a week with was equipped with 1SS trim, which is the most basic version that's available with a V8 engine. Honestly, it's the one I'd get if I were spending my own greenbacks because with cloth seats, a stick and no bulls—, it's incredibly straightforward.

With a lightweight body and tons of power, it can hit 97 km/h in the four-second range. In fact, it's scary fast. From a standstill you go first, second, 137, what's my bail be set at, your honor? Why do you need a Z/28 or a ZL1? Unless you literally live at a track, the SS model is more than enough.

Aside from its engaging dynamics, the sound this Camaro makes is also enthralling. It burbles and pops, rumbles and snorts like an uncorked race car, sounds that come courtesy of that optional exhaust system.

Beyond all of this, the Camaro's magnetic ride control system allows you to completely change the suspension feel, from smooth and supple to kidney-jolting, all at the push of a button; it's pretty frickin' amazing how well this technology works, providing you with the best of both worlds.

The SS trim takes everything that's commendable about lesser Camaros and cranks it up, giving you more speed, sound and style. Sure, it may not be a perfect car, with several critical vulnerabilities, but is it ever fun!

THE CHECKLIST | 2016 CHEVROLET CAMARO SS

THE BASICS

Engine: 6.2-litre V8
Power: 455 horsepower
Transmission: Six-speed manual
Price: Starts at $44,750, including destination

LOVE IT

- Aggressive styling
- Driving dynamics
- Incredible power
- Throaty rumble

LEAVE IT

- Useless trunk opening
- Crippling blind spots
- Not exactly cheap

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Nissan's sweet homage to doughnuts

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HANDOUT

370Z NISMO

Nissan doles out the sprinkles for National Doughnut Day

Nissan celebrated National Doughnut Day earlier this month by decorating a bunch of donuts by doing donuts in a 370Z NISMO.

The brand has enlisted the help of Formula Drift driver Chris Forsberg to decorate some doughnuts with the spinning rear tires of the 370Z NISMO. In total, 1,270 kilograms of sprinkles were laid out on the ground for the 370Z to fling onto the waiting pastries.

A total of 325 doughnuts were covered in delicious sprinkles by the car after 15 passes were made.

To check out the process in all its glory, search for the How to Decorate a Donut with a Car video by Donut Media on YouTube.

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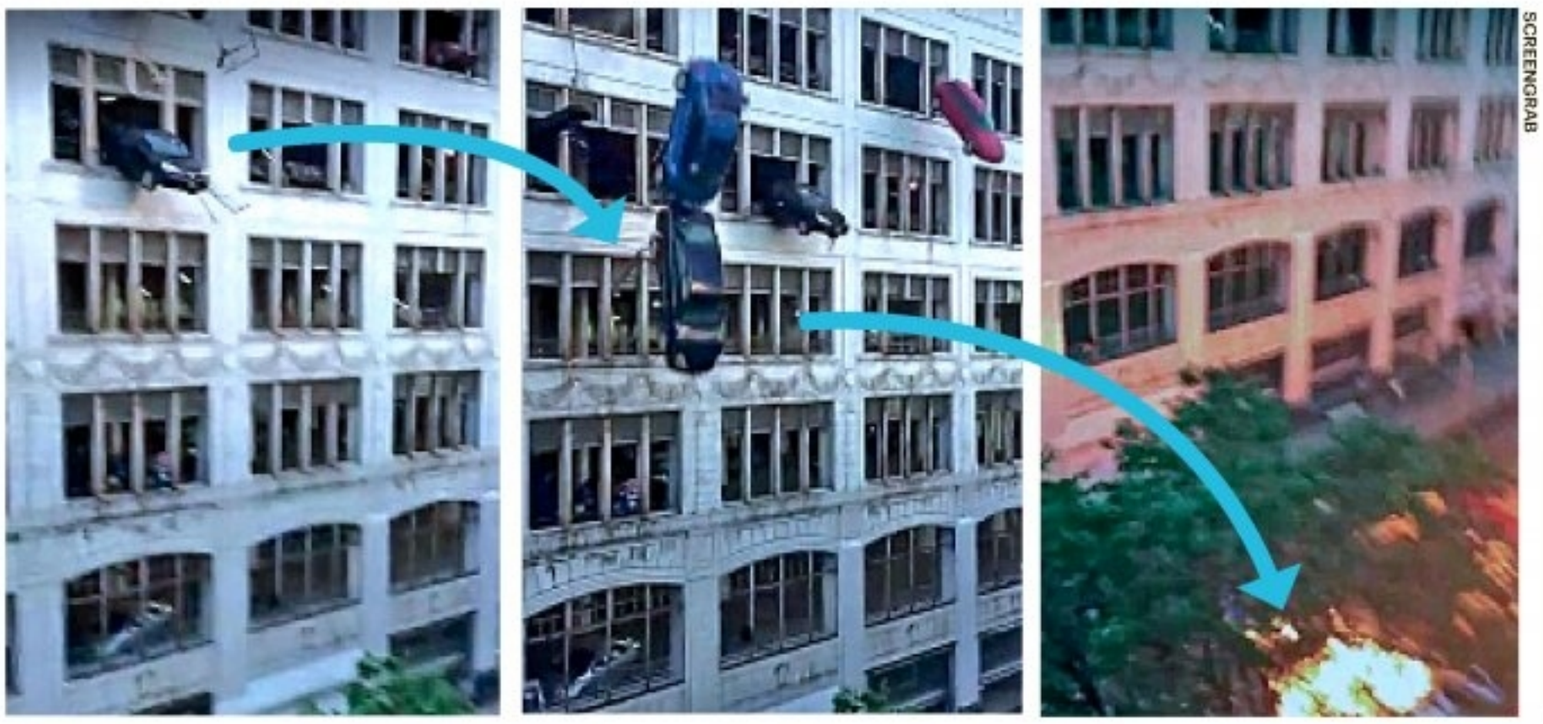
FURIOUS 8

Flying cars, explosions during filming

The next installment in the Fast and Furious series is filming in Cleveland and it looks action packed. While a previous video caught a single car being flung from a rooftop, a new behind-the-scenes video posted on YouTube shows multiple cars flying from a parking garage along with explosions, crashes on the streets below and a helicopter. The film will launch in April of 2017 and it is likely to be set in New York. Actor Dwayne Johnson has already confirmed his return to the movie.

STEPHEN ELMER/AUTOGUIDE.COM



SCREENGRAB

IN BRIEF

Volkswagen could build a new electric vehicle platform

Volkswagen is investigating the possibility of adding an new all-electric platform to its portfolio that would support high-end sedans. The BUDD-e Concept, a modern take on the classic VW Bus, was the first vehicle from the brand to use the new all-electric MEB platform. It was designed to support compact and light vehicles, driving them for up to almost 500 kilometres on a single charge.

STEPHEN ELMER/FOR METRO

SOCIAL MEDIA

Volkswagen releases the #PinkBeetle

Volkswagen has rolled out a special edition of the Beetle known as the #PinkBeetle. The car, which VW claims is the first vehicle to be named with a hashtag, will be offered as a coupe and convertible this fall. As can be expected, a unique shade of Fresh Fuschia Metallic paint coats the car.

STEPHEN ELMER/AUTOGUIDE.COM

HANDOUT

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Man tries to trademark iconic brands

A Florida man is trying to trademark the Oldsmobile and Pontiac names. Both brands flew under the General Motors banner when they existed, but Oldsmobile was phased out in 2004 while Pontiac received the same treatment in early 2010.

JASON SIU/AUTOGUIDE.COM

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LIFESTYLE

Tips to keep your dog happy on the road

Sami Haj-Assaad
AutoGuide.com

Pet owners, assemble! Cars should be better built to accommodate your furry friends, but it turns out that many pet owners don't know what makes a car more pet friendly. Fortunately, we have an expert in all things pet-related, and she's here with some tips and things you should consider when buying a car and you have a pet.

"As your dog ages, you may find that your present vehicle doesn't cater to his needs," said PetGuide.com editor and former AutoGuide.com contributor Amy Tokic.

"He may need more room to lie down in the backseat, or a ramp to get in and out of the car. The more dogs you have, the more room you'll need. And you may not want your dogs sitting on the 'human seats' — this could be for hygienic/cleanliness, leasing/resale restrictions or a host of other reasons."

Tokic is pointing towards the fact that a hatchback is the more dog-friendly vehicle.

"The back pops open and your dog hops in. An added bonus: a large back window offers your dog a great view of the surroundings without having to roll it down."

Here's a list of vehicles that may be helpful and dog-friendly based on Tokic's advice.

Cargo Versatility

Dogs love to move around and don't like being stuck in one place. The Magic Seats in the Honda HR-V and Honda Fit can fold flat or upwards, which allow for a level cargo area behind the front seats. For bigger dogs, the seat bottoms on the Magic Seats can be flipped up, which gives big dogs more vertical space, so they can stand up and still look out the widow.

Like Tokic mentioned, big dogs (and little ones) can use this space without damaging the cloth or leather seats with their nails or fur.

Rear Seat Space

The rear seats of the VW Tiguan can move backwards six inches to allow for more space for your furry friend. This is an excellent feature because dogs come in many shapes and sizes, so the ability to expand the rear seating area for your dog is really appreciated.

There are also a few useful accessories available for the Tiguan including a cargo bay pet barrier.

The Volvo XC70 is also a pet friendly vehicle thanks to its size and versatility, but it is also offered with a dog gate and a pet barrier for the cargo bay.

These two vehicles also offer a ton of cargo space.

"Depending on extracurricular activities, you may need to haul speciality equipment," Tokic explained.

"Urban mushing is trending right now, and that requires harnesses, and a sled or scooter."

Cleanliness

Pets can be like kids when it comes to messes, so pet owners need to think about how easy a car is to clean.

"Cars that are easy to clean stay that way," explains Tokic. "If your dog sheds, good luck trying to get all of it off the fabric seats. Leather interiors are easier to clean — accidents and dirty paw prints wipe right off. On the flip side, they can get hot in the sun, and no one wants a burnt butt."

NEXT-LEVEL PET LOVE

Some automakers really care about pets.

Subaru has funded a whole study regarding the crash-worthiness of pet carriers and crates, while Volvo offers genuine accessories designed for pet owners including a dog gate and ramp.

A group of pet lovers in New Zealand have even teamed up with MINI to teach dogs how to drive the little compacts!

Urban mushing is trending right now, and that requires harnesses, and a sled or scooter.

Amy Tokic, PetGuide.com, on why cargo space might count

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More power, lighter weight debut

NEW RELEASES

Audi's A5, S7 packed with latest driver assistance tech

Jason Siu
AutoGuide.com

Audi refined the A5 design with pronounced bulges over the wheel arches that emphasize all four wheels. CONTRIBUTED

The new 2017 Audi A5 and S5 coupes made their debut at a special event in Germany.

Instead of waiting for a major auto show, Audi opted to unveil the latest generation sports coupe at its headquarters in Ingolstadt, providing a more intimate setting for what it considers a design icon. The German automaker kicked off the event by celebrating the two-door coupe body style, bringing out a wide collection of historical Audi coupes leading up to the current Audi A5. It even brought in the Audi RS5 DTM race car that enjoyed great success last season.

Of course, the star of the event was the second-generation Audi A5 coupe, which the company considers the "perfect fusion of form and function."

Like the new Audi A4, it appears at first glance that the Audi A5 received a facelift rather than changes you would expect for an entirely new generation. But given the success of the first-generation Audi A5 coupe, it's understandable that Audi didn't have to mess with a recipe that already works.

Overall, it has a fresh, modern and honed appearance with changes to its detailing that really sets it apart from the previous model. For example, the now three-dimensional wave-shaped shoulder line that characterized its predecessor has been refined, with pronounced bulges over the wheel arches that emphasizes all four wheels.

Up front, the sculptured Singleframe grille is significantly flatter and wider than before while the LED tail lights complement the optional LED or Matrix LED headlights up front.

The new Audi S5 is powered by a 3.0-litre V6 turbocharged engine packing 354 horsepower, allowing it to hit 100 kilometres an hour from a standstill in 4.7 seconds.

The automaker also promises that fuel consumption has been cut by 20 per cent despite the increase in performance from the current 333-hp figure. Audi estimates that the S5 will return up to 13.7 km/L.

Naturally, both the Audi A5 and S5 are packed with the latest driver-assistance and infotainment systems that the company has to offer, including the optional Audi virtual cockpit which is available on the coupe for the first time.

At its launch in Germany, the Audi A5 will be available with five different powertrains, two gasoline and three diesel engines. Power output ranges from 190 hp to 286 hp, offering up to 17 per cent more performance while consuming as much as 22 per cent less fuel than before. Quattro with ultra technology is also available on the A5 for the first time and can be combined with the four-cylinder TFSI and TDI engines with manual transmission.

The interior design of both models has also been streamlined and refined for a cleaner overall appearance. The cabin benefits from increased dimensions and a longer wheelbase while the luggage compartment offers a volume of half a cubic metre, which is slightly more room than its predecessor offered.

+ TRIM

Like the A4, the A5 went on a diet, trimming as much as 56.2 kilograms off the body. It also has a drag coefficient of 0.25, making it the segment leader in aerodynamics.

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Volkswagen

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission with base MSRP of $17,620, including $1,625 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $90. $1,300 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for a total obligation of $17,620. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to $4,000/$2,000/$2,000 bonus cash available to be applied as a discount on MSRP on cash purchase only of select new and unregistered 2016 Touareg models / select Jetta models (excluding the 1.4T Trendline 5-speed manual transmission (#163VF1)) / select Tiguan models (excluding the FWD Trendline (#5N21V4)). Discount varies by model. ‡Finance payments of $90/$147 on the Jetta/Tiguan must be made on a bi-weekly basis and cannot be made weekly. Weekly equivalent payments shown for information only. Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) / Tiguan FWD Trendline (#5N21V4) base model with 5/6-speed manual transmission. Base MSRP of $17,620/$26,785, including $1,625/$1,795 freight and PDI, financed at 0% APR for 182 bi-weekly payments starting from $90/$147. $1,300/$0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0/$0 for a total obligation of $17,620/$26,785. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end June 30, 2016 and are subject to change or cancellation without notice. Models shown: 2016 Jetta 1.8T Highline automatic transmission, $27,995 / 2016 Tiguan 2.0T Highline R-Line automatic transmission, $39,993. Vehicles shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Jetta", "Tiguan", "Touareg", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

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metro SPORTS

Maria Sharapova's appeal of her two-year doping ban to the Court of Arbitration for Sport will be ruled upon next month ahead of the Olympics

Rio's the goal for DeGrasse

ATHLETICS

Olympic hopeful gains fans at school track meet

Canadian track star Andre De Grasse signs T-shirts Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

Andre De Grasse stood against the track railing Tuesday while a throng of schoolchildren a dozen deep thrust articles of clothing at him. The Canadian sprint star seemed like he'd happily sign autographs all day before a handler eventually ushered him away.

The Canadian sprint star has raced on the world's biggest stage. But it was at a children's track meet that he realized how much of an impact he's having on the sport.

"This is the first time (I've seen anything like this)," said De Grasse, the most successful sprinter Canada has had in almost two decades. "I never thought I was such an inspiration like this, and that kids looked up to me. It's pretty cool, I'm speechless about it."

The 21-year-old Markham resident is coming off back-to-back Diamond League victories, winning gold in both the 200 metres in Birmingham, England, and the 100 last Thursday in Oslo, Norway.

The young star is getting his first taste of the prestigious international circuit in his rookie season as a professional athlete. But the bright lights of the global meets, he said, don't compare to coming back home.

"It's totally different. This is my country, this is Toronto, this is Canada. These kids look up to me. You never really see that in other places as much as here, so it's pretty cool," De Grasse said. "They inspire me right now to keep it going, because they're just telling me, 'Go Andre, go Andre!' That's kind of cool to me."

De Grasse chatted with Toronto Mayor John Tory before the two were introduced to the crowd at the Toronto District School Board elementary school championships. The kids packed the railing clamouring for autographs, shoving T-shirts and hats at the smiling sprinter.

"That's so cute," said his mom, Beverley, watching the mini-mob scene.

"I was surprised when we got here, with the young kids, how they were screaming his name, how much they know about him. I think it's good, I think he can have a really big impact on young kids. That's what I would like to see."

De Grasse is in a transitional season. He turned pro last winter and then swapped his training base at USC for Altis in Phoenix.

"It's totally tough, training environment has changed, coaching has changed, I'm just trying to get used to it," he said. "But it's going well now, I can't complain."

Being in top form in August in Rio has been coach Stuart McMillan's plan all season. But it was a tough test of De Grasse's patience, especially when he opened the outdoor season with an eighth-place finish in the 100 at the Prefontaine Classic late last month.

His next race is Friday at the Harry Jerome International Track Classic in Burnaby, B.C. Canada's Olympic trials are July 7-10 in Edmonton.

His goal for Edmonton is to run sub-10 seconds in the 100, and sub-20 in the 200 - feats he accomplished last season, but has yet to do this year. THE CANADIAN PRESS

Mourners pay respects Tuesday to Gordie Howe, during the NHL legend's visitation at Joe Louis Arena in Detroit. BILL PUGLIANO/GETTY IMAGES

GORDIE HOWE

Saying farewell to Mr. Hockey

Old hockey gloves, jerseys and framed photos were displayed on one side of Gordie Howe's flower-draped coffin, friends and family members were seated on the other.

Standing nearby were some of hockey's biggest names — Wayne Gretzky, Scotty Bowman and Steve Yzerman, to name a few — who shared memories of the man known as Mr. Hockey.

"Somebody said it best this morning that (Jean) Beliveau, the Rocket (Maurice Richard) and Gordie — they were the three people that probably could change a hockey rink into a cathedral," Gretzky said. "And when you walked in, it was more like a church today. It's really special."

The Joe Louis Arena doors opened Tuesday morning for the 12-hour public visitation to honour Howe, who died Friday at age 88.

Howe was a star forward for the Red Wings during much of his NHL career, which started in 1946 and ended in 1980. Howe, born in Floral, Sask., played 32 pro seasons and won both the Art Ross Trophy as top scorer and Hart Trophy as MVP on six occasions. He set NHL marks with 801 goals and 1,850 points. Those records were eventually eclipsed by Gretzky, who called him "the nicest man I ever met."

Howe's funeral, which will also be open to the public, is set for Wednesday at Detroit's Cathedral of the Most Blessed Sacrament. THE ASSOCIATED PRESS

TORONTO 11, PHILADELPHIA 3

Donaldson's slam paces Jays laugher

Josh Donaldson hit a grand slam while driving in five runs and Marcus Stroman pitched seven strong innings as the Toronto Blue Jays blew out the Philadelphia Phillies 11-3 Tuesday afternoon.

Donaldson went 3-for-4 with two doubles to go along with his grand slam while scoring three runs. The 2015 American League MVP feasted off Phillies starter Zach Eflin (0-1), who was making his MLB debut.

Toronto's bats came alive, pounding out 14 hits after being shutout by Philadelphia 7-0 on Monday night.

The 22-year-old Eflin gave up nine runs (eight earned), and nine hits over 2-2/3 innings.

Stroman (6-2), who had a 7.58 earned-run average in his past three starts, gave up just give six hits and two runs, while striking out six.

Toronto (36-31) has now won four of its past five, scoring 36 runs in the process. THE CANADIAN PRESS

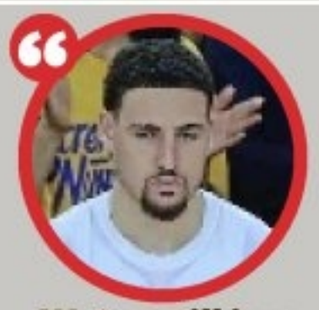
IN BRIEF

Gilmore in Bills camp

After skipping the Buffalo Bills' entire spring schedule of voluntary workouts, cornerback Stephon Gilmore provided one good reason why he showed up for practice on Tuesday in Orchard Park, N.Y.

"It's mandatory," Gilmore said.

Rather than risk being fined by the Bills for refusing to report, Gilmore was a grudging participant in opening the team's three-day mandatory minicamp. THE ASSOCIATED PRESS



We're still in a great position.

Warriors' Klay Thompson after Monday's 112-97 loss to the Cavaliers that sent the series back to Cleveland for Game 6 on Thursday night.

EXPANSION

Vegas in NHL, if it plays its cards right

The NHL is ready to roll the dice on Las Vegas.

A person with direct knowledge of the NHL's decision says the league has settled on Las Vegas as the home for its next expansion franchise, provided organizers can come up with a $500 million fee.

The person spoke Tuesday on condition of anonymity because details of the plans have not been released by the league ahead of its Board of Governors meeting on June 22 in Las Vegas. Quebec City was also strongly considered for expansion.

A second person who had been briefed on the decision said Las Vegas was a "done deal" following the recommendation of the NHL's executive committee.

The Vegas franchise is expected to begin play in the 2017-18 season, which is the earliest the league could expand, according to a third person. THE ASSOCIATED PRESS

Iceland keep cool on big stage

EURO 2016
GROUP STAGE

Ultimate underdogs take a point from Portugal

GROUP F In Saint-Etienne

KSI	Portugal
1	1

A goal from Birkir Bjarnason earned Iceland a shock 1-1 draw with Cristiano Ronaldo's Portugal on Tuesday at the European Championship, the tiny Scandinavian nation's first ever match at a major tournament.

Iceland, which managed only four shots to Portugal's 25, was second best most of the game and trailed on a first-half strike by Nani. But its players showed resilience and took advantage of Portugal's profligacy in front of goal.

Bjarnason slotted home the equalizer in the 50th minute with a curled volley at the far post against the run of play, moments after Ronaldo missed a chance to make it 2-0.

"We should have scored more goals, there is no secret about that," Portugal coach Fernando Santos said. "We knew they could play long balls and that they had good crossers. They were very pragmatic."

With a population of 330,000, Iceland is the smallest nation ever to play at a European Championship. It defied the odds to reach the Euros by finishing second in its qualifying group, above Turkey and the Netherlands, defeating the Dutch twice.

"So many things are happening for the first time to Iceland," the team's co-coach Heimir Hallgrimsson said. "This is another first-time achievement. It was fantastic to play here. It was like playing at home, the fans were fantastic."

Nani put Portugal in front with a clinical finish from close range on a day when Ronaldo equaled Luis Figo's Portugal record of 127 caps — but lacked his usual composure and accuracy.

"It's down to teamwork," Hallgrimsson said of Iceland's success against the Real Madrid star.

"You can't put one player to stop a guy like Ronaldo. It has to be a team effort, closing the areas. There were a lot of players responsible for Ronaldo tonight."

At Stade de Bordeaux, Adam Szalai gave Hungary the lead in a 2-0 win over Austria and substitute Zoltan Stieber added the other after Austria was reduced to 10 men when Aleksandar Dragovic was shown a second yellow card.

THE ASSOCIATED PRESS

40

Hungary goalkeeper Gabor Kiraly is the first 40-year-old to play at the Euros.

GETTY IMAGES

Portugal's Cristiano Ronaldo falls amidst Iceland's Gylfi Sigurdsson and Birkir Bjarnason. JEAN-PHILIPPE KSIAZEK/AFP/GETTY IMAGES

AFTER ROUND 1

GROUP A	W	D	L	+/-	PT
FRANCE	1	0	0	1	3
SWITZ.	1	0	0	1	3
ALBANIA	0	0	1	-1	0
ROMANIA	0	0	1	-1	0

GROUP B	W	D	L	+/-	PT
WALES	1	0	0	1	3
ENGLAND	0	1	0	0	1
RUSSIA	0	1	0	0	1
SLOVAKIA	0	0	1	-1	0

GROUP C	W	D	L	+/-	PT
GERMANY	1	0	0	2	3
POLAND	1	0	0	1	3
NOR. IRELAND	0	0	1	-1	0
UKRAINE	0	0	1	-2	0

GROUP D	W	D	L	+/-	PT
CROATIA	1	0	0	1	3
SPAIN	1	0	0	1	3
CZECH REP.	0	0	1	-1	0
TURKEY	0	0	1	-1	0

GROUP E	W	D	L	+/-	PT
ITALY	1	0	0	2	3
REP. IRELAND	0	1	0	0	1
SWEDEN	0	1	0	0	1
BELGIUM	0	0	1	-2	0

GROUP F	W	D	L	+/-	PT
HUNGARY	1	0	0	2	3
ICELAND	0	1	0	0	1
PORTUGAL	0	1	0	0	1
AUSTRIA	0	0	1	-2	0

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RECIPE Lemon Linguini

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Summer doesn't have to mean forgetting all about pasta for three months. This elegant linguini dish is zingy from citrus, yet has a light, creamy texture.

Ready in
Prep time: 10 mintues
Cook time: 10 mintues

Ingredients
- 1 500 gram package of linguini
- 3 lemons, juiced
- 1 lemon, zested
- 6 Tbsp olive oil
- 1 1/2 cup Parmesan cheese, grated
- handful of basil, washed and sliced into strips
- salt and pepper to taste

Directions

1. Cook pasta according to package instructions. Scoop out about a cup of the cooking water before draining and set aside.

2. While pasta is cooking mix together lemon juice, zest, oil, Parmesan in a small bowl.

3. Place drained pasta back into the pot. Pour the sauce over the pasta and toss well until the cheese melts and each strand of pasta is well coated. You can add a bit of cooking water if you need to loosen up your sauce.

4. Add in the basil and toss again. Serve with a sprinkle of Parmesan

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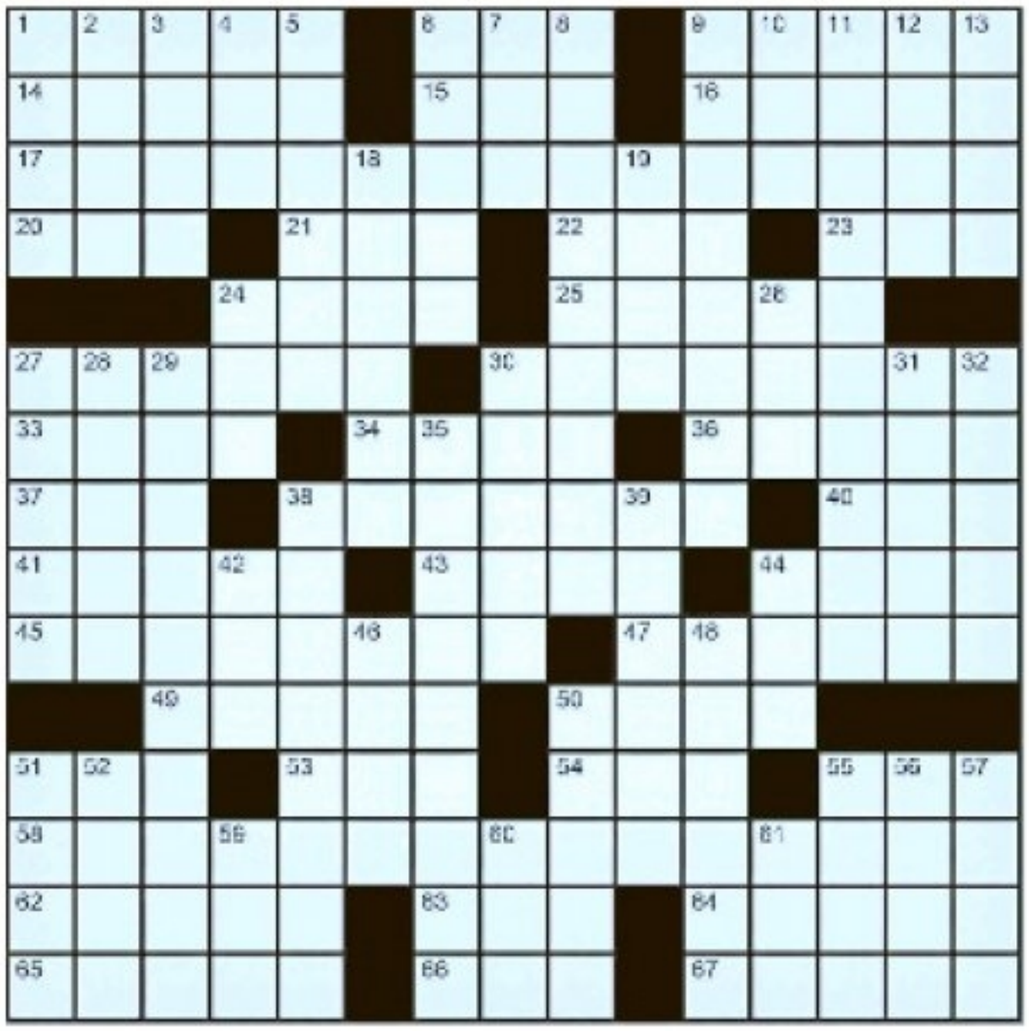
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Cary of "The Princess Bride" (1987)
6. Research _
9. Honolulu parties
14. Saskatchewan town south of Prince Albert
15. WWW address
16. Accepted practice
17. Promptly-pallid plane passenger props: 3 wds.
20. Ottawa gr.
21. Never: German
22. Bill the Cat's exclamation in comics!
23. "Zoolander" (2001) star ...his initials-sharers
24. 'A' in CIA [abbr.]
25. Hot chocolate
27. Arbitrate
30. Defeated
33. 'Confl' - 'Contrad' - 'Constr' completers
34. Scarce
36. 'Your' in French
37. "Well, _-di-dah."
38. The current Mayor of Montreal, Denis _
40. 'Absorb' suffix
41. For _ _ see (Open for the public)
43. Flower shop piece
44. Creamy cheese
45. Washes
47. Bellowing burro
49. Exclusive circle
50. _ Canal
51. Mtl. football players
53. Alternatives
54. Calgary Stampeders org.
55. Sugar amt.
58. Elusive quest for explorer Juan Ponce de Leon: 3 wds.
62. Think alike
63. Asphalt
64. Had
65. Clarinettist's stash
66. "_-haw!"
67. Tide types

DOWN
1. Mr. McGregor
2. _-back (Relaxed)
3. TV sitcom radio station
4. Lou Grant's portrayer ...his initials-sharers
5. Golfing tee-off moves
6. Great Big Sea song that goes "... boat is painted green / Ha, me boys!"
7. Prince Valiant's son
8. Stadium seats waaaay out there
9. Canada's Capital Region... Geological passage-of-marble attraction in Gatineau Park: 2 wds.
10. Computer's lettered port
11. _ _ _ _ (Item to help power up a TV remote control)
12. Australian boots
13. Legis. meeting
18. Roman orator
19. Bulk-carrying barge
24. Three-toed sloths
26. Motto of Montana, _ y Plata (Gold and Silver)
27. Lavender
28. "_ _ Your Name" by The Beatles
29. Sporty style
30. Financial officer, e.g.
31. Bert's muppet pal
32. Discourage
35. Hardship
38. Implies
39. Bluntly reject
42. Shoe hue
44. Director Mr. Luhrmann
46. "..._, whatever will be, will be..."
48. Turn to for trusty support: 2 wds.
50. Mark with notches
51. "_ _ Off Place" (1993) starring Reese Witherspoon
52. Private box at the theatre
55. Bluefin _
56. Footprint
57. High degs.
59. Mr. Bellamy
60. Scot's 'no'
61. Have debts

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Your communication skills are fabulous today. In fact, you can make money with your words, which is good news for those of you who sell, market, write, edit, teach and act.

Taurus April 21 - May 21
This is an excellent day for business and finance. In fact, all financial negotiations will be favorable to you. Shop for beautiful things for yourself and your loved ones.

Gemini May 22 - June 21
Because everyone is laid-back and mellow today, you will get along easily with all your contacts. You might be attracted to the arts and/or buy beautiful things.

Cancer June 22 - July 23
Solitude in beautiful surroundings will please you today. You want to mellow out; at the same time, you want to appreciate the beauty around you.

Leo July 24 - Aug. 23
You will enjoy entertaining at home today. Likewise, you will enjoy redecorating your home, because you want everything to be comfy, cozy and inviting!

Virgo Aug. 24 - Sept. 23
Relations with daily contacts are excellent today, because you are so charming. Enjoy talking to siblings, relatives and neighbors. This is also a good day for writers.

Libra Sept. 24 - Oct. 23
You love beautiful surroundings, and today you will want to buy beautiful things for your surroundings. On the whole, this is a good day for financial matters.

Scorpio Oct. 24 - Nov. 22
Today the Moon is in your sign, dancing beautifully with fair Venus. This promotes all your relations with others and stimulates your interest in the arts.

Sagittarius Nov. 23 - Dec. 21
It will benefit you to work alone or behind the scenes today, even if you're dealing with members of the general public. Quite likely, whatever you do will work out well.

Capricorn Dec. 22 - Jan. 20
Relations with a female acquaintance will be positive today. Someone might give you tips on how to improve your health.

Aquarius Jan. 21 - Feb. 19
You shine in the eyes of others today, especially bosses, parents, teachers, VIPs and the police. Because people think so highly of you, use this to your advantage!

Pisces
Feb. 20 - March 20
Travel for pleasure appeals today. In fact, any opportunity to enjoy beautiful places or arts and crafts of other countries will delight you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		8	2	7	9	6		
	6						5	
4				6				9
6				1				3
8	2			3	5	4		7
7								1
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	1			5			4	
		7	3	8	6	1		

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6	7	2	1	9	4	8	3	5
1	6	7	4	8	5	3	2	9
9	3	8	6	1	2	7	5	4
2	5	4	9	7	3	6	8	1
8	2	1	3	4	9	5	7	6
3	4	5	2	6	7	9	1	8
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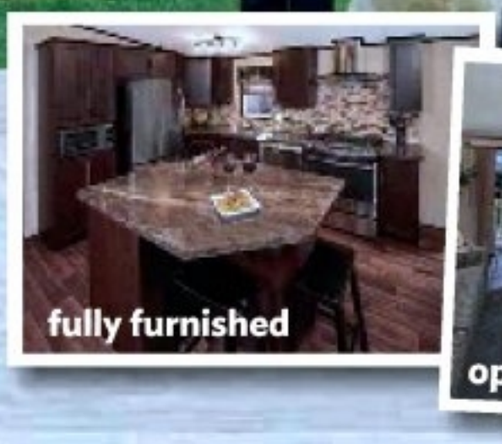

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